



**OH!BOOKS\_LITERARY AGENCY**

LITERARY NON-FICTION & ESSAY / FALL 2024



# SUMMARY

## JOURNALISM & REPORTAGE

<i>Rezwana. A European dossier</i>	<u>5</u>
<i>A Trench on Mars</i>	<u>6</u>
<i>A Century Uphill</i>	<u>7</u>

## MEMOIR, TRAVEL & NARRATIVE NON-FICTION

<i>Nocturne for Tennis</i>	<u>15</u>
<i>Spies Don't Talk</i>	<u>16</u>
<i>Women in the Lincoln Battalion</i>	<u>17</u>
<i>Runner-Up</i>	<u>18</u>
<i>Sand in the Eyes</i>	<u>20</u>
<i>The Opium Diaries</i>	<u>21</u>

## BIG CHALLENGES: SUSTAINABILITY & AI

<i>The Future of Europe</i>	<u>24</u>
<i>The Singularity</i>	<u>25</u>

## ESSAY, HISTORY & MISCELLANEOUS

<i>Lost Time</i>	<u>29</u>
<i>Eating Without Asking Permission</i>	<u>30</u>
<i>Take Care of Your Kidneys by Eating Well</i>	<u>31</u>
<i>Antoni Gaudí, Life and Work</i>	<u>32</u>
<i>A Cod as a Flag</i>	<u>33</u>
<i>Awakening from Oblivion</i>	<u>34</u>
<i>Petrarca</i>	<u>35</u>
<i>Epictetus' Manual</i>	<u>36</u>

## HEALTH, PSYCHOLOGY & SELF-HELP

<i>1,000 Days</i>	<u>42</u>
<i>How to Talk to a Teenager</i>	<u>43</u>
<i>Mythotherapy</i>	<u>44</u>
<i>The Guide to Psychotherapies</i>	<u>45</u>
<i>How Much Does Your Backpack Weigh?</i>	<u>46</u>
<i>Let's Talk About Psychotropic Drugs</i>	<u>47</u>
<i>Personality and its Disorders</i>	<u>48</u>
<i>Four Styles of Attachment</i>	<u>49</u>



## BLANCA LACASA

As a journalist, Blanca has contributed to numerous written media. In her role as a writer, she has published a several children's books. She was even the singer in a group. If there is something she never gets tired of, it is walking (an activity that unfortunately for her is unpaid), watching movies, making lists and browsing.



Mothers and daughters seem to be condemned to not understand each other. Why is there so much tension between us? Why is it so common for this bond to be so complex and sometimes so damaging? Why, however, is the father figure usually perceived in a more kind way?



### *The Horrible Daughters*

*Spain / 2024 / 272 pages / Narrative Non-Fiction / Territory: World  
Primary publisher: Libros del KO / Sold: China (Beijing Imaginist Time Culture)*

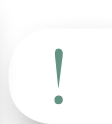
The relationship between mothers and daughters is marked by difficulty, disagreement, or pain and often viewed with suspicion. Mothers and daughters seem to be condemned not to understand each other. Why is there so much tension between us? Why is it so common for this bond to be so complex and sometimes so damaging? Are we really all so equal? Why, however, is the father figure usually perceived in a more benign way? If they have to deal with the hateful cliché of the bad mother, we have to deal with the bad daughter. Perhaps the time has come to start questioning how much is true in this and how much is environmental. Maybe it's time to stop feeling like ruthless, selfish or forgetful daughters. Horrible daughters.

In this book, the writer and journalist Blanca Lacasa tries to solve the enigma that seems to surround this link and she does so by talking to experts, turning to theorists or using popular culture, but above all, asking and listening to women so they can tell their experiences.

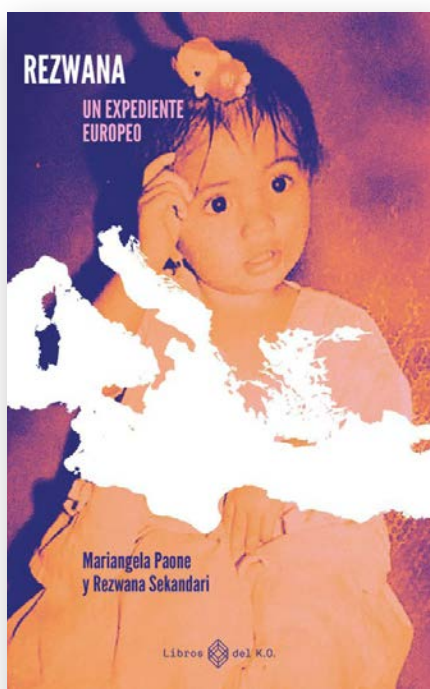
• [Table of contents in English available](#)

## MARIANGELA PAONE & REZWANA

Mariangela was just 18 when she gained her first experience of working in a newsroom at a local newspaper in Calabria, the region of southern Italy where she grew up. After graduating in Rome, she specialized in international information, initially in Italy and then in Spain, arriving in 2008. Since 2016, her work has appeared in numerous outlets, both in Spain and abroad, including *Revista 5W*, *Jot Down*, *El Diario*, *El Confidencial*, *La Sexta* and *Cadena Ser*. She is Madrid correspondent for the Swiss-Italian radio and TV network RSI, and in Italy she has contributed to Skytg24, Internazionale and Domani, among others. She teaches journalism at Scuola Holden.



Rezwana tells the story of the blind bureaucracy that governs the European asylum system and represents the universal drama of thousands of families; it is the story of the hypocrisy of a continent that refuses to learn the lessons of the past. But it is also a story of love, of generosity, and of friendships that transcend borders.



### Rezwana. A European dossier

*Spain / 2023 / 168 pages / Investigative journalism / Territory: World / Primary publisher: Libros del KO / Sold: Italy (ADD Editore, forthcoming), Norway (Quintano Publishing, forthcoming)*

Rezwana was a 13-year-old Afghan girl when the wooden boat on which she was travelling from Turkey to the Greek island of Lesbos sank with nearly three hundred people on board. She was saved by the harpoon of a group of fishermen. Her mother, father, two sisters and brother disappeared at sea. They are five of the 26,000 people who have died trying to cross the Mediterranean since 2014.

After passing through a refugee camp in Lesbos and three foster families in Athens, Rezwana managed to reach Sweden and was reunited with her great-aunt and cousins. In a few months, she learned the language, began to rebuild her life, and started to be happy. But when she turned 18, the Swedish authorities decided to send her back to Greece, the first country of arrival. For the bureaucracy, Rezwana's case was and is just another file.

Journalist Mariangela Paone recounted the tragedy of that shipwreck on 28 October 2015. Six years later, she met Rezwana in person in Athens. A friendship and a promise were born: together they would tell the story of Rezwana's family and they would try to find out where the remains were buried. They did not do this alone. Over the years they have woven a network of relationships that have helped them in a mission that seemed impossible: Greek lawyers, Norwegian activists, Spanish photojournalists, Syrian and Afghan refugees...

Rezwana is not only a travelogue, an album of memories, a story of friendship and investigative journalism, but also the humble and heroic story of all those anonymous people who, together, make the world a better place.

• Long synopsis in English and Italian available

• Italian full translation forthcoming



## KARLOS ZURUTUZA

After graduating in English Philology, Karlos (Donostia, 1971) could not wait to embark on a whaler to make up for lost time. But he was more than a hundred years too late, so he set sail for the end of the world with a notebook; there he discovered what his life would have been like if he had been born in Mosul, Tripoli or Kabul. He was assured that this was called “journalism”, and he has been telling stories for *Al Jazeera*, *Middle East Eye*, *The Guardian*, *Vicenews*, *Político*, *Monocle* and others for a few years now. The blame for everything, always, will be Melville’s.



### **A Trench on Mars** *Dispatches from Baluchistan*

*Spain / 2024 / 254 / Chronicle & Journalism / Territory: World*  
*Primary publisher: Libros del KO*

A Pashtun proverb says that Baluchistan is the place where God threw the rubble after creation. Perhaps that is why it is the world’s biggest information black hole. We are talking about twenty million people living in a territory the size of France, divided by the borders of Afghanistan, Pakistan and Iran, a wasteland whose subsoil hides huge reserves of gas, oil, uranium, gold and other poisoned gifts for their rightful owners. Neither these treasures nor its strategic location serve to put Balochistan in the international media spotlight, as the veto and harassment of all journalists, both local and foreign, is total. In fact, Karlos Zurutuza is the only international journalist who has worked in the three zones into which Baluchistan is divided. After a decade of coverage, the reporter has interviewed torture survivors in Pakistan, displaced persons in Afghanistan and political exiles living in Europe or Canada, among many

other victims of a silenced genocide.



### **Landlocked. Life and death on the Libyan route to Europe**

*Spain / 2018 / 144 pages / Chronicle & Journalism / Territory: World / Primary publisher: Libros del KO*

Thousands of refugees attempt to cross the Mediterranean after making their way through a country that is mired in an unreported war. We have constructed an image of Libya that is based on the testimony of those who are rescued at sea, but this does not always reflect a far more complex reality. How do Libyans experience this Biblical exodus? What role do they play in the “migration crisis”? This book is the fruit of seven years work on the ground, looking for stories that go beyond the clichés. The result is a unique look, from the southern shore of the Mediterranean, at a phenomenon that stirs our hearts and jolts our consciences.

• Detailed book report in English available

• English sample available

## RAMÓN USALL

Ramon Usall (1977) has a degree in Sociology from the Universitat Autònoma de Barcelona and a PhD in History from the Universitat de Lleida. He currently teaches Social Sciences. Besides his teaching activity, he regularly writes in different media outlets on the relationship between sport, history, society and politics. On this subject, he has also published the book *Futbol per la llibertat*, which won the Josep Vallverdú Essay Prize.



«The stories of Usall reveal to us that hidden yet fascinating part of cycling geopolitics in an engaging and informative manner. An essential perspective to understand today's world.»

Olga Àbalos, Volata



### A Century Uphill Popular history and politics of cycling

Spain / 2024 / 248 pages / Sports & Politics / Territory: World  
Primary publisher: Altamarea

The 20th century witnessed the bicycle's rise as a ubiquitous form of personal transport, and cycling as a beloved sport, closely intertwined with major historical events. From the inception of the Tour de France amidst the Dreyfus affair to European integration, Irish independence, the Spanish Civil War, anti-colonial struggles, the Cold War, May '68, and the fall of the Iron Curtain, cycling mirrored societal shifts. This book presents a narrative spanning forty chapters, highlighting how sports serve as metaphors for human life, offering insights into our reality.

• English sample available



### Kicking Off Around the World. 55 Stories from when football met Politics

Spain / 2021 / 320 pages / Sports & Politics / Territory: World / Primary publisher: Altamarea (Spanish)  
Sold: English (Pluto Press), Catalan (Ara), Korean (Narumbooks)

Think you know everything about football? Which football match triggered a war? How did 'the beautiful game' push back against the tyranny of dictatorship, and usher another into power? Kicking Off Around the World includes 55 incredible stories in which football clubs have been a mirror to—and a maker of—world history and politics. Full of anecdotes, surprising facts and illustrations, Ramon Usall mixes the grassroots with the greatest of all time; the unknown and the unforgettable. He looks at the women's game, football during the war in Ukraine, and stories of clubs from Britain to the US, Europe, Latin America, the Middle East and Africa, from football under the Nazis to the communists and everyone in between.

• Full English translation available

• Grants for translation and promotion available

## MASSIMO DI RICCO

He holds a PhD in Mediterranean Cultural Studies and a Research Master's in Communication and Journalism from the University of Barcelona. He has worked as a journalist in Spain, and reported as a correspondent from Lebanon and Egypt for the Italian press. He focuses on the role of transnational political actors in contemporary history, relations between the Middle East and Latin America, the politics of the Arab world, and critical approaches to international journalism. He has published articles in several outlets including *Al Jazeera*, *Middle East Eye* and *The National*.



### *The Wretched of the Skies* *The hijackers' search for a Caribbean utopia*

Colombia / 2019 / 286 pages / *Literary Journalism & Reportage* / Territory: World  
Primary publisher: *Icono Editorial & Libros del KO*

On 30 May 1973, two armed individuals, their faces covered by black hoods, hijacked an aircraft operated by Colombian airline SAM, en route from Pereira to Medellín. The forgotten tale of the bizarre and lengthy hijacking of the SAM plane provides a narrative frame within which to tell the wider story of the wave of surreal hijackings that occurred in the golden age of skyjacking in Latin America, in the late 1960s and early 1970s, with Cuba the favoured destination. In a world characterized by calls for progress but divided by the Cold War, at a time of revolutionary political ideals and the emergence of the mass media, the skyjackers – who often came from humble backgrounds and were not necessarily overtly political – had utopian aspirations: they dreamed of starting a new life on an unknown and imagined island.

- English sample available

## ABRAHAM JIMÉNEZ ENOA

Born in Havana (1988), he is a columnist for *The Washington Post*. He has published reports and opinion articles in *The New York Times*, *BBC World*, *Al Jazeera*, *Vice News*, *El País* and *Revista Gatopardo*, among others. He co-founded *El Estornudo*, the first independent Cuban magazine dedicated to narrative journalism. He won the International Press Freedom Award from the Committee to Protect Journalists, the Sigma Delta Chi Awards from The Society of Professional Journalists and the Inter American Press Association.



### *The Hidden Island*

Spain / 2023 / 182 pages / *Literary journalism* / Territory: World /  
Primary publisher: *Libros del KO* / Sold: ENG WR (IG Publishing Group)

This is not just another book about Cuba, a country that has been part of our collective imagination since its Revolution, but a collection of chronicles that takes us to its lesser-known places with a touching, sad and at the same time mischievous look. Jiménez Enoa is part of a new generation of Cuban storytellers. Despite the fact that the government withheld his passport until 2022 in response to his journalistic activity, he continued to describe what his eyes saw and won several international journalism awards. The author now lives a sort of exile in Barcelona and offers us one of the definitive recent books on Cuba.

- English full translation forthcoming. Sample available



## CARLOS DADA

Is the founder and director of *El Faro*, the Central American newspaper that has become a reference for its investigations on violence, organized crime, gangs, corruption and human rights violations. He is a María Moors Cabot Award winner from Columbia University. He has been named World Hero of Freedom of Expression by the International Press Institute and has won the El Mundo International Journalism Award and several other international prizes. He is a teacher at the Gabo Foundation and has been a professor of journalism at Yale University, in the United States. He is a Knight Fellow at Stanford University and a fellow at the Cullman Center of the New York Public Library.



### *A Waist of Hidden Folds*

*Spain / 2023 / 252 pages / Journalism / Territory: World / Primary publisher: Libros del KO*

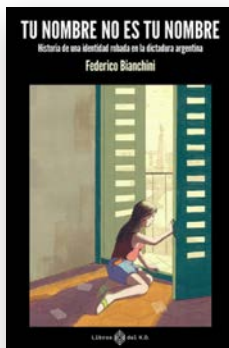
A selection of the best journalism that has been done in Central America in the last decade. A region, often forgotten, where life goes on behind the backs of the State institutions.

Leila Guerriero said: "With the best tools of reporting and prose, Carlos Dada gives an account of a region that is little looked at and in which a lot happens, perhaps too much, through these chronicles that, although real, sometimes seem to spring from a hallucinated imagination".

And Alma Guillermoprieto wrote: "The great reporter and writer Carlos Dada puts together in these texts a story in which we can find not only the tragedy of Central America, but also of all of Latin America".

## FEDERICO BIANCHINI

He is an Argentinian journalist. He has worked as an editor on the newspapers *Clarín* and *La Razón*, and in the magazine *Anfibio*. He has also contributed to international media, such as *Gatopardo*, *El País Semanal* and *The New York Times*, among others. He has published the books *Challenging the Body*, *Bodies on the Limit* and *Antarctica: 25 Days Locked in Ice*. In January 2013 he won the Don Quixote journalism award..



### *Your name is not your name*

*Spain / 2023 / 198 / Journalism / Territory: World / Primary publisher: Libros del KO*

This true story is an example of how authoritarianism decides on the life and death of the people, and how it appropriates their bodies and their biographies.

In 2000, a judge summoned the heroine of this book to tell her that her name was not Mercedes Landa, as she had always believed, but Claudia Poblete Hlaczik. And that the people who had raised her were not her parents, but her kidnappers. Her real parents, two young leftist militants, had been tortured and disappeared in 1978, during the Argentine dictatorship. And she, at only eight months old, was given to a military family to raise her as their own daughter.

This book not only narrates the big lie in which Claudia lived, but also explores her tortuous path to rebuild an identity trapped between two worlds of conflicting affections and convictions. And it shows how the tenacity of the victims —both Claudia's family and the Grandmothers of Plaza de Mayo group— ends up opening a crack towards the truth.

## CHRONICLE & JOURNALISM (SELECTED BACKLIST)



### *Ukraine Station. The country that was*

*Spain / 2022 / 352 pages / Travel Literature & Politics / Territory: World / Primary publisher: Libros del KO*

Combining melancholy and enchantment, *Ukrainian Station* possesses the best qualities of the finest travel literature and political narrative. It is not a reportage on the war or a rushed editorial assignment. Its author, Borja Lasheras, began writing it in 2016, after several years travelling around the country. Today it can be read as a portrait of the country that existed before 24 February 2022, the germ of the country that could be in the future: the country that emerged after the Maidan revolution and which, despite the war in Donbas, the economic crisis and endemic corruption, dreamed of a more “normal” future.



### *Stone Remains*

*Spain / 2021 / 304 pages / Chronicle/ Territory: World / Primary publisher: Libros del KO  
Sold: Polish (Czarne)*

Writing with the intuition and empathy of someone who has spent fifteen years living in the Balkans, Casals deciphers the political enigma of a region that is still devastated by the aftermath of the conflict. He debunks toxic clichés, such as the supposedly warlike character of the region’s inhabitants. In their place, he paints delicate miniatures of sixteen Bosnians – of Muslim, Croat or Serbian descent, Jews, people with a Montenegrin or Turkish background – whose biographies constitute a fragmented and contradictory portrait, one that defies categorization. It isn’t possible to condense a whole country into one book. *Stone Remains* attempts the opposite: to expand it.

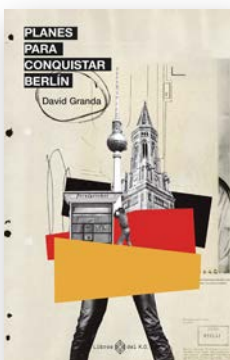
• English translation sample available



### *My Perestroika Ufo*

*Spain / 2021 / 660 pages / Literary journalism / Territory: World / Primary publisher: Libros del KO*

On 9 October 1989, the Soviet Union’s rather staid official new agency TASS released a remarkable story: in the city of Voronezh, some children said they had witnessed a ball of light landing on the ground, and two or three huge beings had emerged. It was the opening item on half the planet’s news programmes and made headlines in the western press. Thirty years later, the author of this book – based in Moscow for two decades – became involved in an obsessive search for the protagonists of the news to painstakingly reconstruct all the details of the “Soviet Roswell”.



### *Plans to Conquer Berlin*

*Spain / 2022 / 504 pages / Chronicle / Territory: World / Primary publisher: Libros del KO*

At the height of the Cold War, a Protestant church in East Berlin organize a clandestine concert with a West Berlin group who had crossed the border a few hours earlier without informing the authorities. At the end of the performance, the audience was subjected to a violent attack by a group of neo-Nazis. The police had been warned and arrived in time, but decided not to intervene. David Granda immerses himself in the Stasi archives, and weaves together the accounts of more than forty of the event’s protagonists or witnesses, including political dissidents such as Rainer Eppelmann, first leader of the pacifist opposition movement in the GDR and its last Minister of Defence, the singer Sven Regener, the punk guitarist Key Pankonin, artists, secret police informants and a Stasi officer responsible for monitoring cultural dissidence.

## CHRONICLE & JOURNALISM (SELECTED BACKLIST)



### Fariña. How Cocaine Came to Europe

Spanish / 2015 / 326 pages / Investigative journalism / Territory: World

Primary publisher: Libros del KO / Sold: English (Zed Books), French (Cberche Midi & Pocket), Italian (Bompiani), Polish (Sonia Draga), Portuguese (Saida d'Emergência), Dutch (LAMsterdam), Finnish (Into), Bulgarian (Vakon), Arabic WR (Arab SP), Chinese (Guangxi Normal Univ Press), Catalan, Galician.

More than 200,000 copies sold in Spain

The incredible story of how this windswept and otherwise unremarkable corner of Spain became the cartels' gateway into Europe. Immersing himself in the life and history of the region, and interviewing everyone from addicts and smugglers to crime bosses and DEA agents, Carretero's book is a riveting and often shocking account of drug running and narco violence at the very heart of Europe.

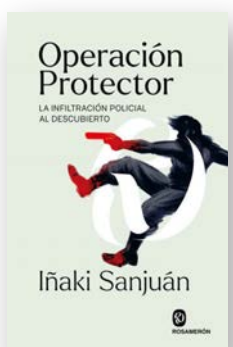
• English, French or Italian translations available



### Hash

Spain / 2023 / 216 pages / True Crime & Journalism / Territory: World / Primary publisher: Libros del KO

In the Strait of Gibraltar, inequality is big business: thousands of tons of cannabis resin cultivated in Morocco reach the Andalusian coasts in the form of bales of hashish, and from here they are distributed throughout Europe. In the regions with the highest unemployment in the European Union, the drug trade is an industry that employs thousands of workers. Lozano talks to drug addicts and the parents of young people killed, identifies corrupt police in the pay of the narcos, accompanies the agents in their raids, travels on boats that cross the Strait at night, and talks to judges, politicians and neighbours. With these pieces, he builds a devastating account of the mafias that are thriving on Europe's southern border.



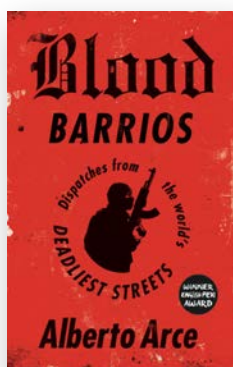
### Operation Protection

Spain / 2022 / 416 pages / Undercover investigation, Current affairs  
Territory: world / Primary publisher: Rosamerón

Film rights optioned

Cinema and literature have often told the stories of undercover agents who have operated in the shifting sands of illegality. What sets *Operación Protector* is that it has been written by one of Spain's leading experts in the infiltration, Iñaki Sanjuán, active Chief Inspector of the Information Brigade of the National Police. Starting with the suicide of a Belgian police inspector who had warned of the possibility of the Jihadi attacks in Paris, Sanjuán recounts the details of *Operación Protector*, launched to prevent something similar occurring in Spain, and to ward off the involvement of mafias on the Costa del Sol and arms dealers. The author describes at first hand the doubts and fears

that beset the undercover agent, but also his ambitions and his commitment to society, and the squabbles and disagreements between different police units and wings of the security forces.



### Blood Barrios. Dispatches from the World's Deadliest Streets

Spain / 2015 / 216 pages / Chronicle / Territory: World / Sold: Eng (Zed Books), Polish (Sonia Draga)

Winner of the 2018 PEN Translates Award for Non-Fiction. For many years, Arce was the only foreign correspondent in Tegucigalpa, Honduras's beleaguered capital, and he witnessed first-hand the country's descent into anarchy. Here, he shares his experiences in a series of gripping and atmospheric dispatches: from earnest conversations with narcos, taxi drivers and soldiers, to exposés of state corruption and harrowing accounts of the aftermath of violence. Provocative and at times heart-rending, *Blood Barrios* shines a light on the suffering and stoicism of the Honduran people.

• English full translation available on request



## CHRONICLE & JOURNALISM (SELECTED BACKLIST)



### King Corp

#### The untold story of the empire of Juan Carlos I

Spain / 2023 / 368 pages / Investigative journalism / Territory: World  
Primary publisher: Libros del KO

More than 30,000  
copies sold in Spain

The story of a man who is king of a country but has a modest allowance, and believes he is entitled to be a millionaire and live like a king. The book describes how Juan Carlos I built his empire from nothing, an empire that stretches from Panama to Switzerland via the Arab countries of the Persian Gulf, where the sun never sets and, more importantly, the cash never runs out. As the canons of investigative journalism dictate, *King Corp.* follows the money, while also recreating the corrupt atmosphere of an era and a country. In this sense, this book is a bestiary of the Spanish elites who became (even more) rich and powerful in the shadow of the king; a tale of crime and celebrity gossip through which drug dealers, Swiss lawyers and arms dealers (among others) parade; and an instruction manual to guide the rider through the labyrinth of financial scandals and judicial proceedings that threatened to put a king in the dock for the first time in the history of Spain. In addition to providing context and narrative texture to much of the information published in fragmentary form in recent years, Olmo and Fernández reveal assets, collaborators and details of Juan Carlos I's immense economic conglomerate that had remained hidden until now, after gaining exclusive access to bank documents, emails and photographs, as well as testimonies from bankers, businessmen, Zarzuela employees, military personnel, members of the secret services, close friends and those who examined Juan Carlos I.



### A Dacha in the Gulf

Spanish/ May 2020 / 200 pages/  
Chronicle / Territory: world  
Primary publisher: Anagrama / Sold: French (Métailié)

Nicolas Bouvier  
Award 2022

Anagrama  
Chronicle Prize 2020

Why write a book about Bahrain? Firstly, because the author's partner was offered a job there, which is the reason why he lived in the country for two years during which he made a point to observe, speak with people, and grow interested in the country's paradoxes and interiority. And secondly, because these paradoxes turn Bahrain into a very interesting reality within the Arab world. The book covers everything about his daily life: political repression, the experience of sexuality for women and gays, the limited tolerance for alcohol, the isolated life of luxury of European ex-pats and the very different reality lived by Asian workers, linguistic misunderstandings...

• French translation available

• English sample available



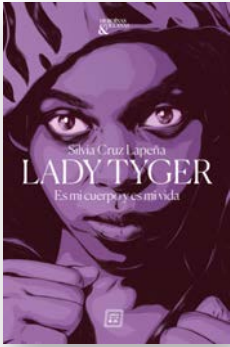
### Women who Fuck

Spain / 2023 / 338 pages / Sex & Feminism / Territory: World / Primary publisher: Libros del KO

Sex is never just sex. To talk about sex is to talk about emotional education, social class, the pressure to have a beautiful body, the myth of romantic love, toxic relationships, feminism and patriarchy. Sex accompanies us all from birth to death, but not all of us experience it in the same way.

Salomé has a degree, a doctorate and speaks four languages, but she has never experienced an orgasm. Veronica, on the other hand, has lost count of the ones she has enjoyed; for this single woman there is only one rule: not to repeat twice with the same guy. These are some of the protagonists of *Women who Fuck*, a book of testimonies in which women who have already turned forty narrate in first person, and without holding back, their sexual preferences and fantasies, but also their fears, their traumas, their insecurities and desires.

## CHRONICLE & JOURNALISM (SELECTED BACKLIST)

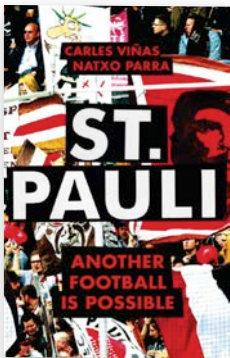


### *Lady Tyger. My body, my life*

*Spanish/ January 2020 / 104 pages/ Chronicle / Territory: world / Sold: Italian (Red Star Press)*

Marian Trimiari was a pioneer of women's boxing in the late 1970s. With her shaved head, some nicknamed her the Black Kojak, but she was in no mood to let anyone decide what to call her. She wanted a man's name: "Their dreams are my dreams," she said, and she chose her own ring name: "Lady Tyger". She wrote it with a y instead of an i because she thought it sounded more feminine. Cruz's text is both an affirmation of Trimiari's struggle and an elegant political analysis that draws the links between this female boxer and the liberation movement of those women whose only weapon was their bodies.

- Italian translation available



### *St. Pauli. Another Football is Possible*

*Spanish/ 2017/ 296 pages/ History, Sports & Politics*

*Territory: World/ Primary pub.: Capitán Swing (Spain) / Sold: English (Pluto Press) and Portuguese (Brazil)*

Longlisted for The Telegraph Sports Book Awards 2021 - Football Book of the Year. FC St. Pauli is a football club unlike any other. Encompassing music, sport and politics, its fans welcome refugees, fight fascists and take a stand against all forms of discrimination. This book goes behind the skull and crossbones emblem to tell the story of a football club rewriting the rulebook.

Since the club's beginnings in Hamburg's red-light district, the chants, banners and atmosphere of the stadium have been dictated by the politics of the streets. Promotions are celebrated and relegations commiserated alongside social struggles, workers'

protests and resistance to Nazism. In recent years, people have flocked from all over the world to join the Black Bloc in the stands of the Millerntor Stadium and while in the 1980s the club had a small DIY punk following, now there are almost 30,000 in attendance at games with supporters across the world. In a sporting landscape governed by corporate capitalism, driven by revenue and divorced from community, FC St. Pauli demonstrate that another football is possible.

- English full translation available

- Translation and promotion grants available

More than 15,000  
copies sold in Spain



### *Fútbol y fascismo*

*Spain / 2020 / 180 pages / Sports & Politics*

*Territory: World / Primary publisher: Altamarea (Spanish) / Sold: Portugal (Almedina) & Italy (Red Star)*

Football is a game, a passion, a form of social gathering, a business; and, therefore, also an effective tool for controlling the masses. Thanks to its unrivaled ability, this sport has been exploited since its dawn as mean of ideological propaganda as well as, more recently, for commercial uses. The first ones to realize its immense power of suggestion were perhaps the totalitarian regimes of the 20th century, who, in their eagerness to cut across all strata of society, used this popular discipline as a rudimentary but also powerful instrument of political marketing. These pages bring together the most

meaningful episodes of this disturbing symbiosis between football and fascist dictatorships; anecdotes, feats —some tragic and others downright bizarre— in which football has been used as a blindfold to cover the eyes of the masses. It worked perfectly as a vehicle for indoctrination, fitting into the delirious propaganda designs conceived by the tyrants of those times.

- English sample available



MEMOIR, TRAVEL & NARRATIVE NON-FICTION



## LUIS TORRES DE LA OSA

Luis was one of the great promises of Spanish tennis in the 1990s, a junior champion who defeated Juan Carlos Ferrero (world number one in 2003), but adolescence crossed his path and he decided to exchange his teenage pleasure for the routine of endless training sessions.



An obsessive, literary search for the quiet, easy, natural beauty of those distant days, playing tennis for hours, with all the time still to come.

A delicate piece for readers who enjoyed *Open*, but also for lovers of Nabokov or Forster Wallace.



### Nocturne for Tennis

*Spain / 2024 / 344 pages / Literary Non-Fiction & Memoir / Territory: World*  
*Primary publisher: Libros del KO / Sold. French (Editions Métailié)*

The fascinating literary memoirs of one of the great promises of Spanish tennis in the 1990s, Luis Torres de la Osa, a junior champion who defeated Juan Carlos Ferrero (world number one in 2003 and current coach of Carlos Alcaráz), but adolescence crossed his path and he decided to exchange his teenage pleasure for the routine of endless training sessions.

This exquisite memoir is a succession of dazzling literary flashes about beauty, childhood and the passage of time, interspersed with the plot of a teenager confused with life who, thirty years after being left on the brink of the elite, pours out on paper all the tennis he had inside him, in an unexpected literary revenge.

Voluptuous prose, rocked by Chopin sonatas and a love of the literature of Nabokov and Foster Wallace, which contains some of the most beautiful pages written about tennis. A tender homage to what the author calls “the army of ghosts”, those thousands of talented children who looked like they could rule the world and who are now sad, melancholy office workers.

• English sample available

• Full French translation forthcoming

## CARLOS HOLEMANS

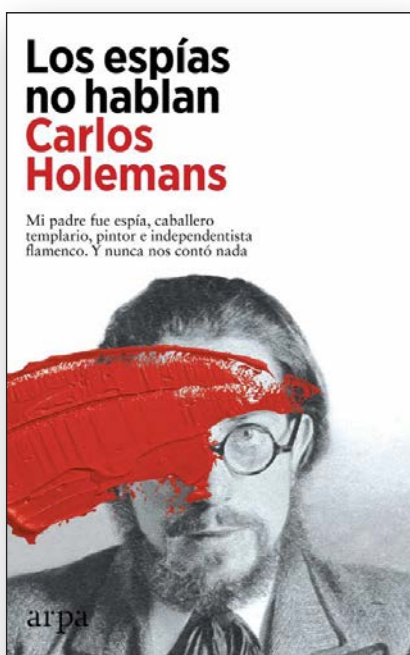
Carlos has been dedicated to advertising creativity for more than thirty years, where he has won more than 150 national and international awards. He has been a member of the jury in the advertising festivals of Cannes, San Sebastián, Madrid, New York and Buenos Aires. To write this book he has spent more than ten years working with historians and tracking down documents from the German and Allied secret services. He has interviewed dozens of people who had a relationship with his father, both in Belgium and Spain. Some did not want to talk, others had been waiting decades for someone to ask them. After the arduous investigation, one day Carlos Holemans was finally able to tell his mother who the man she had married really was.



*«The biography contains dramatic elements ideal for a series: betrayals, infidelities, summary trials, death sentences, executions, passport forgers, murders, espionage, Nazis, Templars, war, battles, bombings, refugees, fugitives from all sides, concentration camps—the history of Europe, in short.»*

*José Oliva, COPE*

Karel Holemans kept secrets his entire life, even from his family. In this biography, his son reveals the fascinating story of his father: secret agent, double spy, painter, and Templar hero.



### Spies Don't Talk

*Spain / 2023 / 368 pages / Biography & History / Territory: World  
Primary publisher: Arpa / Sold: Dutch (Standaard)*

Karel Holemans was a Flemish painter who dreamed of Flanders' independence. He spied in Spain during the Civil War, on the Republican side. During the Nazi invasion of Belgium, he worked as a double—or perhaps triple—spy. He was an agent for German intelligence, was married to a Resistance agent, and, in secret, was a Knight Commander of the Templars. He joined the German secret services in order to smuggle the historical archives of the Order of the Temple out of Belgium, preventing them from falling into the hands of the Gestapo. He transported the archives to Portugal, thereby saving the lives of 238 Belgian and French Templars. As a painter, he knew both success and poverty, and his works now hang in various European museums, including the Reina Sofía in Madrid.

He was sentenced to death in Belgium and went into exile in Spain, where he spent the rest of his life. He married the heiress of a wealthy cava-producing family in Catalonia. His mother-in-law never approved of the marriage and pursued him with a false accusation of bigamy that nearly led to his extradition and death. His son Carlos has spent more than ten years unearthing and piecing together what his father never told.

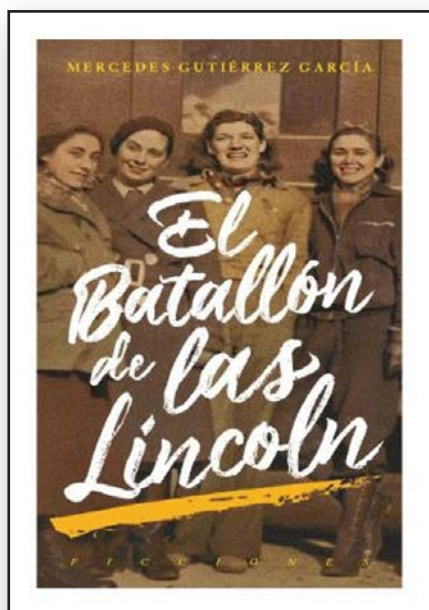
## MERCEDES GUTIÉRREZ

Born in Madrid, Mercedes is the author of *Perro verde* (Renacimiento, 2017), a collection of short stories, *Tanto para esto* (Drácena, 2019), a collection of a novella and two short stories about the failure of the American Dream. *The Lincoln Battalionettes* (Malpaso, 2024) is her latest book. Her short fiction often deals with issues of disillusionment and cultural aspects of life in the United States and in Spain and has appeared in several literary magazines such as *Sibila*, *Quimera*, *Revista de Occidente* or *Clarín*. She has also translated Walt Whitman's novel *Life and Adventures of Jack Engle* into Spanish (Funambulista, 2017).



*"Gutiérrez masterfully portrays the individual experiences of these women, offering an intimate look at their struggles and triumphs, as well as the challenges and adversities they faced in their fight against Spanish fascism."*

*Publishers Weekly en Español*



### Women in the Lincoln Battalion

*Spain / 2024 / 170 pages / Narrative non-fiction / Territory: World*  
*Primary publisher: Malpaso*

In 1936, the fragile hopes of democracy and reform of the fledgling Republic of Spain are shattered as a power mad Francisco Franco and his reactionary followers drive the nation into the waking nightmare of civil war. The alarm of injustice and humanitarian emergency reverberates across the world—including in the hearts of thirteen young American women. Black and White, Jewish, Catholic and Protestant, facing personal demons and cleaving to their idealism, they are drawn to war-torn Spain to help, volunteering proudly in the Abraham Lincoln Brigade as nurses, a doctor, and administrators.

Based on carefully researched actual events, throughout the thirteen stories of this book we share in the triumphs and tragedies of these remarkable women, displaced across an ocean and coping in a new language and culture. From Salaria Kea, the only African-American volunteer nurse in the war, to Frances Vanzant, its sole female surgeon, to women who mastered truck driving, weapons expertise, and more, these stories bring to life a remarkably poignant epoch. It was a time when character was tested against the horrors of war, sexism, racism, and violence—yet also when love affairs blossomed, when deep friendships between American and Spanish women were forged, when Hemingway and Martha Gellhorn dropped in for a visit, and when the good fight against fascism changed these brave women for the rest of their lives.

• English sample available



## ANDER IZAGIRRE

Born in San Sebastian in 1976, Ander Izagirre is a journalist and has written travel articles and reports on many different subjects and has published several books. In 2015 he won the European Press Prize for the best Investigative work for an article in the Spanish paper *El País*. The judges said Izagirre's work was "compelling, splendidly organized and devastating at a human level. It told a terrible story that no one could forget" (*The Guardian*). In May of 2022 the Polish translation of *Potosí* won the 13th Ryszard Kapuscinski book award for the best reportage.



## ZUHAITZ GURRUTXAGA

Made his debut with Real Sociedad on January 23, 2000, against Atlético de Madrid. On May 10, 1997, he won the U-16 European Championship with the Spanish U-16 team. He also played in the 1997 U-17 World Cup, with Xavi Hernández and Iker Casillas. Shortly before his retirement, in 2011, he formed a musical group called Van Popel. After the end of his sports career, he became a famous figure on Basque TV and a successfully comedian monologist.

**Runner-Up is a hilarious and raw autobiography, somewhere between comedy and anguish. It reads like a slide: fast, funny and a little scary.**



## Runner-Up

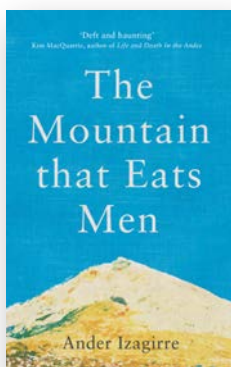
Spain / 2023 / 358 pages / Literary journalism / Territory: World  
Primary publisher: Libros del KO

At the age of nineteen, Zuhaitz Gurrutxaga fulfilled the dream of his life: to make his debut with Real Sociedad in the First Division. The pearl of the Gipuzkoa youth academy captivated the fans and the press, but he began to feel more and more pressure: "I was very afraid of failing on the pitch. I came to hate football for everything it made me suffer". One summer night his head blew off and he thought he had gone mad for good. He had no words to describe what was happening to him, he didn't dare tell anyone about it, and on the pitch he tried to hide it as best he could. The same day that Gurrutxaga became runner-up in the league with La Real, his mother was so frightened by his behaviour that she found a psychologist at random and took him to her office. Gurrutxaga fell through the ranks of the First, Second, Second B and Third divisions, while he fought against anxiety, depression, and a severe obsessive-compulsive disorder. The funny thing is that he never lost his sense of humor. When he

hung up his boots, he took to the theatre stage to make fun of professional football, his own little battles, his sporting and sexual disasters, his varied and bizarre failures, in hilarious monologues.

## ANDER IZAGIRRE (SELECTED BACKLIST)

Ryszard Kapuscinski  
Book Award 2022



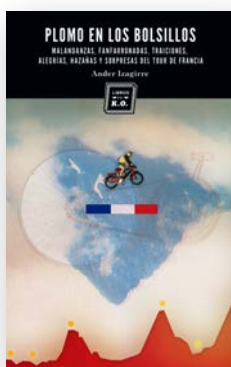
### *Potosí, the Mountain that Eats Men*

*Spanish / 2017 / 204 pages / Literary journalism / Territory: World / Primary publisher: Libros del KO  
Sold: English (ZED), Italian (Mondadori), French (Barometre), Polish (Filtry) and German (Rotpunktverlag).*

Izaguirre tells the story of Alicia, a 14-year-old girl who lives on the slopes of Cerro Rico de Potosí, the mineral-rich mountain in Bolivia, nowadays a place of grinding poverty. Alicia shares an adobe hut with her mother and younger sister. Although Alicia is officially too young to be employed, she supplements the family income by working shifts in the mine for 2 € a night. Although the mine's rich seams have been exhausted, there are still over 10,000 people working there on a small scale. They dig out the rock by hand and transport it to the surface, where multinationals extract the remaining ore. Izaguirre skilfully uses this intimate portrait to tell a larger story, from the Spanish conquistadores to our days.

• English, French, Italian, German or Polish translation available

A real secret longseller  
More than 24,000 copies  
sold in Spain



### *With Lead in Their Pockets*

*Spain / 2012 / 228 pages / Sport Literary Journalism / Territory: World / Primary publisher: Libro del KO*

This longseller tells the story of the Tour of France in seventeen chapters that focus not just on the winners but also on the losers – the cyclists who were never more than another member of the peloton, those who lost their lives in pursuit of victory, and those who achieved glory only to be destroyed by it. It's a great example of sports writing that is designed to appeal not just to fans but to anyone with an interest in the world in which we live. If you've ever wondered why the hell so many people get so worked up about a bunch of drugged-up athletes pedalling around France once a year, this book will give you the answer. And if you're one of those people who think that sport is a diversion from 'the real world', this book will set you straight. The Tour de

France provides the perfect metaphor for the last century or so of human 'progress'.

• English sample available



### *The Basements of the World*

*Spanish / 2020 / 400 pages / Literary journalism / Territory: World / Primary publ.: Libros del KO*

As the great works of travel literature, this is much more than the story of a journey. It is the story of a real expedition in 2000 in search of the deepest places on the shores of the Dead Sea (Asia), Lake Eyre (Australia), the Russian coast of the Caspian Sea (Europe), the Californian Death Valley (North America), the Laguna del Carbón in the Patagonia (South America), and Lake Assal in Djibouti (Africa). With an entertaining prose, the author talks about the people who live there, their legends, their habits and their history, and leads us to impossible worlds inhabited by settlers and natives, fugitives and lunatics that have converted these basements into places in the world.

## LAURA CASIELLES

Born in Asturias in 1986, she is a journalist, philosopher and poet. She lived in Rabat for a period of time and specialised in literature written in Morocco and Western Sahara. As a poet, she has published several works and in 2011 she received the Spanish National Prize for Young Poets. She has been included in several anthologies and has been translated into other languages, including Italian. She has translated from French an anthology of the Moroccan poet Abdellatif Laâbi. She is a contributor to various publications such as *La Marea* and *elDiario.es*.



### *Sand in the Eyes*

*Spain / 2024 / 300 pages / Travel & History / Territory: World / Primary publisher: Libros del KO*

The history of nations is made up of many silences. In Spain's case, one of them is colonialism in Morocco and Western Sahara. That we know so little about it is no coincidence, because questioning our history implies questioning many of the foundations of our identity. Laura Casielles, a great connoisseur of the region and author of a thesis on Hispanic literatures in Morocco and Western Sahara, embarks on a journey through different Moroccan and Sahrawi regions to explore the traces of colonialism and the mark it has left on its inhabitants. It is a highly original approach, mixing travelogue and historical reconstruction. But, at the same time, it incorporates feminist visions and a critical revision of colonialism that challenge the way history has been written from Spain.



## DAVID JIMÉNEZ

Born in Barcelona in 1971, David is an award-winning author and journalist, a columnist for the Spanish edition of the *New York Times* and a feature writer for *Vanity Fair*. He is a former editor-in-chief of *El Mundo*, the second largest newspaper in Spain. Praised by critics as the “Spanish Kapuscinski”, he has covered conflicts, revolutions and crises in more than twenty countries. His reports have been published in *the Guardian*, the *Sunday Times*, the *Toronto Star* and *Corriere della Sera*, and he has contributed to CNN and the BBC. A Nieman fellow at Harvard University, Jiménez is the author of four books and has been translated into English, Chinese, German, Italian and Catalan.



A combination of history, culture and geopolitical analysis that will delight anyone interested in travel, literature or Asian culture. A journey through the depths of human nature and a thrilling search for the elusive mystery of the Orient.

More than 10,000  
copies sold



### *The Opium Diaries*

*Spain / 2023 / 272 pages / Literary journalism / Territory: World*  
*Primary publisher: Ariel (Grupo Planeta) / Sold: Russia (Alpina)*

Rudyard Kipling found doom in the brothels of colonial India; Conrad discovered in Borneo a destiny made for “men without guts” and Graham Greene was trapped between clouds of opium in the decadence of Saigon.

David Jiménez follows in the footsteps of legendary writers who were bewitched by the magic of the Orient, travels through the settings of their books and embarks on an odyssey to solve the great mystery: what is the secret that has driven travelers, explorers and writers to the East since the time of Marco Polo?

The author delves into the Burma where George Orwell lived as an imperial policeman; the China where the mythical reporter Martha Gellhorn suffered her “trip to hell” in the company of Hemingway; or the crazy Philippines described by Manu Leguineche.

Legendary war hotels, remote islands, lost worlds and fascinating characters are the protagonists of a journey in which Jiménez reveals what remains - and what has vanished - of the Asia that inspired literary figures. The result is an adventure through a continent in turmoil, a journey through the depths of human nature and a fast-paced, obsessive search for the mystery of the Orient.



More than 85,000 copies sold



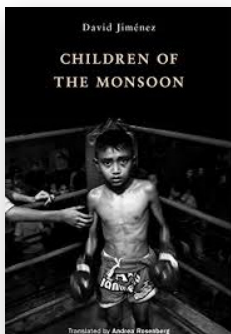
## The Editor-in-chief

*Spanish / 2019 / 296 pages / Journalism / Territory: world / Primary publisher: Libros del KO (Spain)*  
*Sold: Catalan (Navona), China (Ecus Publishing Group) and Taiwan (Readers 99).*

After 20 years as a war reporter and correspondent, Jiménez was appointed editor-in-chief of *El Mundo*, one of Europe's leading newspapers. He would soon discover that the hazards of the Afghan front can pale in comparison to the plotting and trickeries of the power-hungry. What seemed like an exciting challenge became a battle to defend the newspaper's independence against a political and economic establishment determined to destroy it. *El director* is a tell-all book about the secrets of those who reveal the secrets of others, a unique take on the intrigues, despairs and triumphs of a newsroom, and an intimate account of the moral tests facing an editor-in-chief, in charge of a legacy newspaper fighting for survival. A non-fiction long seller thriller that has taken the Spanish book market by storm. The book has shown it wide appeal to all audiences thanks to the writer's talent for storytelling and the strength of real-life characters that not even a novelist could have imagined.

• English sample available

• Detailed English report available



## Children of Monsoon

*Spanish / 2008 / 74.000 words in English / Journalism & Travel / Territory: world / Primary publisher: Kailas*  
*Sold: English (Autum Hill), Italian (Marco Tropea), German (Campus), China (Ecus Publishing).*

Prize for the Best Travel Literature Book in Spain in 2009. Haunted by the memories of the children he had met on his travels as a correspondent, Jiménez went in search of them many years later, in the hope of discovering what had become of them. The result is this exceptional account, in which we accompany Jiménez on his return to the Cambodian hospital where he last saw Vothy, a young girl with AIDS; we visit the children who survive the pitiless Mongolian winter by creating an underworld in the sewers of Ulaanbaatar; we travel to North Korea, where young Kim struggles to save his village from starvation; and we are taken to the fight rings of Thailand, where The Invincible seeks a route out of poverty by competing in brutal child boxing contests.

• English full text available



## The Happiest Place in the World

*Spanish / 2013 / 57.500 words (English) / Journalism & Travel / Territory: World / Primary Publisher: Kailas*  
*Sold: China (Ecus Publishing Group).*

David Jiménez returns to the literary reportage that made *Children of the Monsoon* an international success, and takes us to a world of lost paradises, forgotten wars and unlikely heroes. "The Happiest Place in the World" is how North Korea's ruler describes his country, the most brutal and despotic tyranny of our times. This is just one of the places Jiménez visits, on an itinerary that takes him from the Cambodian prison that houses the country's most dangerous child-abusers, to the remote kingdom of Bhutan, where he witnesses the arrival of television. Or to Japan, where he hangs out with yakuza who are eager to erase their tattoos and abandon a life of crime, and spends three days alone in a deserted Fukushima, following the nuclear accident in that city. It is often in the midst of darkness, in places that appear to have lost hope, where the author encounters the most fascinating individuals and witnesses acts of bravery that allow us to believe that a better world is possible. This book is at once a detailed guide to reporting and a perceptive portrait of the human condition.

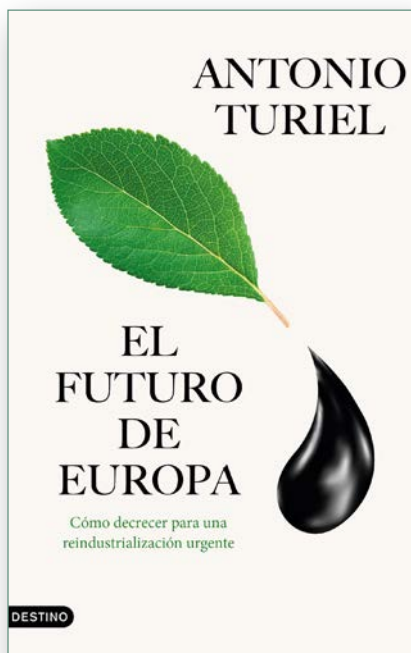
• English sample available





## ANTONIO TURIEL

Antonio is one of the great popularizers and scientific authorities on the sustainability problems of our society. He has openly warned about the danger of betting on transition models that have already proven to be unsuccessful. With a degree in Physics and Mathematics and a PhD in Theoretical Physics, he is a Research Scientist at the Institute of Marine Sciences of Barcelona. His research has focused on turbulence and satellite oceanography, although he is also an expert in the field of natural resources. His blog, The Oil Crash, is one of the major references in Spanish on the problem of peak oil and has a large online community.



### *The Future of Europe*

#### *A guide to degrowth for urgent reindustrialization*

*Spain / 2024 / 264 pages / Sustainability / Territory: World / Primary publisher: Destino*

The production of all petroleum liquids peaked in 2018 and has since started a slow decline, which will accelerate due to reduced investment from oil companies. This historic peak, a result of the planet's geological depletion, signals the beginning of an era of progressive scarcity of non-renewable resources, both energy and materials. The current focus on renewable energy is more about addressing energy decline than combating climate change, though it may help with the latter. However, the failures in the wind industry, increasing restrictions on photovoltaic production, and the ongoing decline in electricity consumption since 2008 indicate that this transition model is ineffective.

Europe is also experiencing rapid industrial decline with potentially severe future consequences. The main issue is the failure of leaders to move beyond the growth paradigm: true

sustainability is incompatible with a growth model unsupported by resources or the worsening environmental degradation.

In this book Antonio Turiel offers a fresh perspective on effective and sufficient technologies for the Old Continent's needs. He advocates for a long-term sustainable, innovative industry that generates employment within a stationary yet healthy and resilient economy.

More than 8,000  
copies sold in Spain



### *No Energy*

*Spain / 2022 / 264 pages / Sustainability / Territory: World / Primary publisher: Plataforma*

The pandemic, supply chain issues, chip shortages, inflation, war, climate change, energy crisis... The news keeps worsening, suggesting we are in a downward spiral. How much more can we endure? Is collapse inevitable? As Turiel noted, the petrocalypse is already here. We feel it when we fuel our cars and, more noticeably, at the end of the month. And this is just the beginning: we're entering a period of acceleration. Energy decline is an urgent reality predicting a grim future. To avert disaster, we need to overhaul everything from our production system to our societal model. We need a guide to understand what's happening, why, and how to avoid the worst.

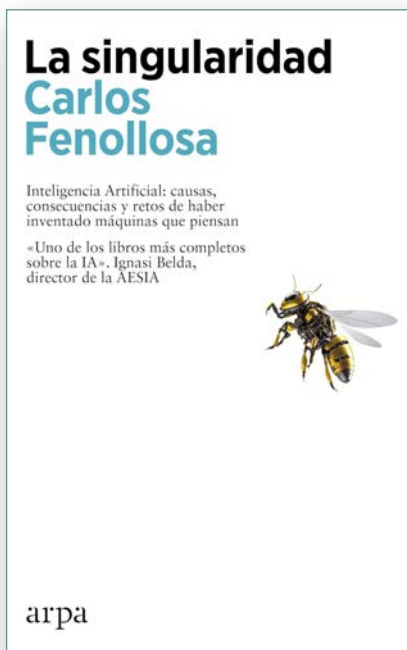
• English sample available here: <https://shorturl.at/NPV49>

## CARLOS FENOLLOSA

Carlos is a professor of Artificial Intelligence at Universitat Politècnica de Catalunya in Barcelona. He is the creator of several start-ups such as Puput, a multimodal AI chatbot, and Optimus Price, a price optimization and sales prediction system that has been used by some multinationals. A computer engineer with a master's degree in Artificial Intelligence, he worked as a researcher at the Barcelona Supercomputing Center and then continued his scientific career in private enterprise. Fenollosa combines teaching with projects and conferences. His X account is one of the most important in Spain in the field of technology, with more than fifty million views. In addition, his tutorial for creating an operating system is one of the twenty most popular C language projects on Github worldwide.



What really is AI and how will it impact society in the short and long term?  
An in-depth analysis of the inevitable transformation of humanity  
by artificial intelligence.



### *The Singularity*

*Causes, consequences and challenges of inventing thinking machines*

*Spain / 2024 / 256 pages / Essay & Technology / Territory: World*

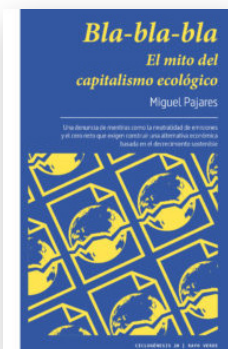
*Primary publisher: Arpa*

In 2022 there was an unexpected breakthrough in advances in artificial intelligence. It was the ChatGPT tool, with astonishing reasoning capabilities and whose sophistication took even the most seasoned experts by surprise. This revolutionary technology is at the center of a frantic race in which several companies and states are racing to be the first to develop the ultimate intelligence.

We do not yet know when or how we will reach it, but intermediate intelligences of extremely transformative power are being developed along the way. This ability to replace many of the tasks that people perform represents the starting pistol of the phenomenon known as the "technological singularity". From that

moment on, super-intelligent computer applications and robots will take over most jobs for us and transform society into something radically different from what it is today. Science fiction come true.

Many are unaware of the importance of this phenomenon, or are not prepared to assess its consequences and have decided to refuse to accept this disruptive reality. Carlos Fenollosa sheds light on the unknown, helps us understand where we come from and where we are going with surprising clarity, and offers elements of reflection to help us sort out our feelings in the face of uncertainty.



## *Blah-blah-blah. The myth of green capitalism*

*Spain / 2023 / 224 pages / Essay / Territory: World / Primary publisher: Rayo Verde*

Greta Thunberg accused governments and corporations of “blah-blah-blah” for their policies in the face of the climate emergency. Was she exaggerating? This book answers the question, shattering the myths of green capitalism and sustainable growth, along with other corporate greenwashing lies such as emissions neutrality or net zero. Along the way, it outlines alternatives to alleviate the climate crisis and guarantee the future of our planet before we reach the point of no return. Alternatives that, in any case, involve the construction of a globality based on solidarity-based cooperation and mutual support, as well as rethinking migration policies. In short, the leap from a capitalist

world to one based on social justice. Because living by consuming less does not mean living worse, it means living differently.



## *Against Sustainability*

*Spain / 2023 / 254 / Sustainability / Territory: World / Primary publisher: Arpa*

The concept of “sustainability” is omnipresent in our daily lives. We stumble across it in the supermarket and in advertising campaigns, in ministerial reports and in political programs. However, the very concept of sustainability, which derives from sustainable development, is the biggest obstacle to achieving what it claims to be chasing. Do we really want to sustain this present and this system? We need new ways of thinking about and naming the destination towards which we want to go, but first we must demolish the sustainability cage in which we have been trapped for decades.

The text is divided into three parts. The first explains the origin of the concept of “sustainability”. The second addresses examples of the misuse of sustainability in current concepts and key ideas. And the third proposes an alternative to the concept of sustainability.



## *The Unease of Cities*

*Spain / 2023 / 352 pages / Sociology, journalism, essay / Territory: World / Primary publisher: Arpa*

Gradually, cities are emptying and ageing. The strange thing is that we don't notice it, because the constant flow of people makes us feel that everything is full, especially the historic centres, which have been turned into theme parks. Rentierism has replaced production. The city has become a Monopoly board that drives out those who can't pay. Why bet on middle-class inhabitants when speculation, tourism or unbridled consumption on Sundays are more profitable? Cities are no longer looking to build the future; they are looking for profitability. Jorge Dioni López focuses on the problems of the contemporary city and once again raises the ideological effects of urban planning. An extraordinary read, on a par with the great works of urban sociology.

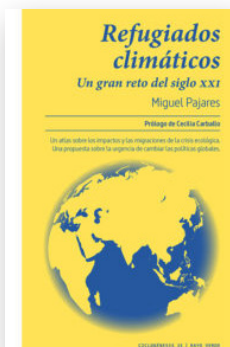




## *The Death of Forests*

*Spain / 2022 / 272 pages / Ecology / Territory: World / Primary publisher: Arpa*

An exciting and innovative read, which helps us understand the *raison d'être* of forests and the rationale we need to conserve them. For some years now, there have been episodes of sudden and widespread tree death in forests around the world. In many cases, climate change and droughts play an important role, but they are not the only cause, as they are combined with the history of human exploitation and the proliferation of pests and increasingly destructive fires. In this book, Professor Lloret travels through some of the most important forests of North America, Patagonia, Europe and Africa to show us, with luminous clarity and rigor, the processes that are causing their collapse.

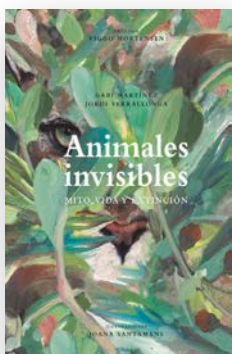


## *Climate Refugees. A Crucial Challenge for the 21st century*

*Spanish/ January 2021 / 280 pages/ Politics / Territory: world / Primary publisher: Rayo Verde*

An atlas of the impacts and migrations resulting from the ecological crisis. Climate change spells the desertification of whole regions, the loss of vast areas of crops, reduced supplies of drinking water, rising sea levels and increasingly destructive hurricanes. Such outcomes will produce significant population movements, in the form of both internal displacement and migration. This book details the severity of climate impacts, and offers an in-depth analysis of the climate displacements and migrations that are already taking place and those that may occur in the coming decades. A region-by-region analysis is conducted, focusing on various parts of Africa, Asia and Latin America.

- English sample available



## *Invisible Animals. Myth, life and extinction*

*Spanish/ 2021 / 256 pages / 170 x 230 / Cartoné/ Travel & Science / Territory: world  
Primary publisher: Nórdica Libros (Spain) / Sold: China (Phoenix Science Press)*

A journey across the globe in search of animals that hardly anybody has seen. This text sets out facts and ideas drawn from the natural sciences in language that is accessible to the non-specialist reader. It blends science with literature, providing an inventory of what was and what might have been, of what could exist and what we would like to discover. A unique and beautiful immersion in some of the enduring mysteries of our world. An exploration of memory, the future and the possibility of believing in something that can't be seen.

- English full pdf available on request. See a sample here: [shorturl.at/acjtJ](https://shorturl.at/acjtJ)

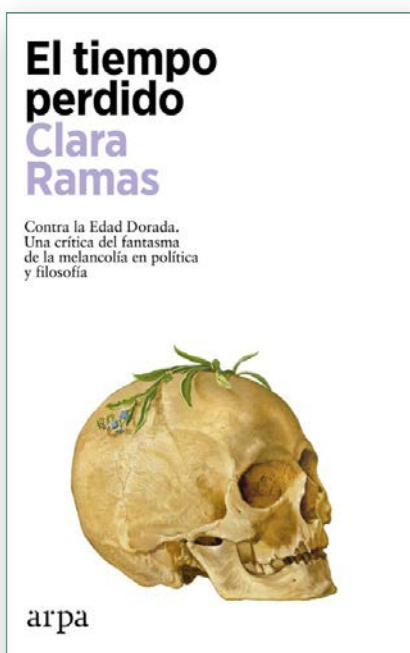


## CLARA RAMAS SAN MIGUEL

Clara is Assistant Professor at the Faculty of Philosophy at Complutense University Madrid, where she teaches Modern and Contemporary Philosophy. Her research has been devoted to the work of Karl Marx and his connection with the classical German philosophical tradition, focusing on Marx's critique of political economy as a theory of appearance and the fetishized and mystified logics of social relations in capitalism. She has worked with Michael Heinrich in Germany in the Neue Marx-Lektüre. She is author of the monograph *Inverted World. Fetish and Mystification in Marx' Critique of Political Economy* (Siglo XXI 2018, forthcoming in English, Brill 2024) and the Spanish critical edition of Marx's *The Eighteenth Brumaire of Louis Bonaparte* (2023, Akal).



A Proustian way of thinking the "lost time", against the contemporary "new melancholics in search of the lost object" and their reactionary attempt to return to a Golden Age that never existed and never will.



### Lost Time

#### A Critique of the Phantom of Melancholy

Spain / 2024 / 208 pages / Philosophy & Literature / Territory: World  
Primary publisher: Arpa

We inhabit a twilight world: economic crises, wars, pandemics, cultural malaise. This unmappable reality of contemporary capitalism gives rise to political discourses yearning for a solid ground; they anchor in melancholy and nostalgia for a lost time. A canceled future, a present we can no longer decipher and a past we long for. In all of them, a retreat into reactionary impotence, grievance and resentment. Hölderlin's question in 1794, "Where do you find a community?", resounds today. Above all, a pressing need: to return home.

Today, this melancholic response to this malaise pervades both the right and the left. In *Lost Time*, with the help of Proust, Žižek, Marx and Kristeva, Clara Ramas offers a different way out. The melancholic clings to the beloved object and longs to return to a Golden Age revolving around ideas of homeland, values, security, order, gender and class roles, the better life of our parents or Tradition. But the "return" is impossible for us humans, who inhabit the in-between of finitude and language. We are always on the way, but never quite at home. There may be a miraculous possibility of "regaining time," but certainly not the one promised by the new melancholics and reactionary forces. The recognition that the object is never possessed allows for a new way of love and commitment with the present. Ultimately, following Proust, regaining time is about rewriting a different grammar of love: a grammar of ruin and lost time.

• English translation sample available on request



## ALBERT MOLINS

Born in Barcelona in 1969, Albert has a degree in Journalism from the Universitat Autònoma de Barcelona. Gastronomy is the inseparable B-side of his journalistic activity because, in addition to eating—preferably with his two children—his favorite thing is telling stories. He published *Homo Gastronomicus*, the blog that Ferran Adrià claimed was the best in Spain. Currently, his main job is stirring up the gastronomic world through the newsletter *Reflections of an Anguished Gastronome*, which he combines with his role as head of the society section at the newspaper *La Vanguardia*.



In a society with incessant vegan, dietary and moral prohibitions and demands, this original work confirms that cooking can still be sexy. Beyond culinary matters, this book becomes a social critique and an entertaining cultural history.



### *Eating Without Asking Permission* A cultural and free reclamation of good eating

*Spain / 2024 / 227 pages / Gastronomie / Territory: World*  
Primary publisher: Rosamerón

In a world where eating has become a delicate balance between pleasure and guilt, it's time to break the chains that bind us to the contrition of enjoying a simple vital act. Amid a society that is increasingly puritanical and sentimental, sensuality is relegated, demanding permission to savor without remorse.

Those who reduce food to a mere process of recharging energy are entirely wrong. Eating is a social act of great significance, with cultural implications intertwined with life, death, sex, celebration, environmental management, and our relationship with our children. It is a pleasure that goes beyond mere physical satisfaction.

An engaging and combative journey through the cultural history of food. Because all living beings eat, but only humans experience the revolutionary act of eating.

## BORJA QUIROGA & MIGUEL COBO

Borja is a nephrologist and a doctor of medicine. He is part of the board of directors of the Spanish Society of Nephrology (S.E.N.) and has authored numerous specialized publications. Under the pseudonym Samuel Dacanda, he co-authored the novel *Paliativo*, published by Rosamerón.

Miguel Cobo, a distinguished chef with a Michelin star, bases his cuisine on human evolution and how it has impacted what we eat today and culinary techniques.



Just as the bestseller *Gut* highlighted the vital importance of the intestines, this book reveals the crucial role of the kidneys, through an entertaining and well-documented dialogue between medicine and gastronomy, the two legs of the art of taking care of oneself.



### *Take Care of Your Kidneys by Eating Well* *The incredible power of an undiscovered organ*

*Spain / 2024 / 280 pages / Gastronomie & Health / Territory: World*  
*Primary publisher: Rosamerón*

Of all the human body's organs, the kidney is undoubtedly the most complex. Traditionally understood as a waste disposal unit, we now know that the health of our kidneys is key to a long and healthy life. As the source of all our physiological activities, and therefore of the organism's very life, their condition largely determines our mood.

Diet plays a fundamental role in the development and progression of kidney diseases and, consequently, in all its functions. In this book, renowned chef Miguel Cobo and nephrologist Borja Quiroga skillfully combine medicine and gastronomy applied to the kidneys. All of this is enhanced by essential notes on human evolution, which have so greatly inspired the culinary project of the Burgos-based chef.

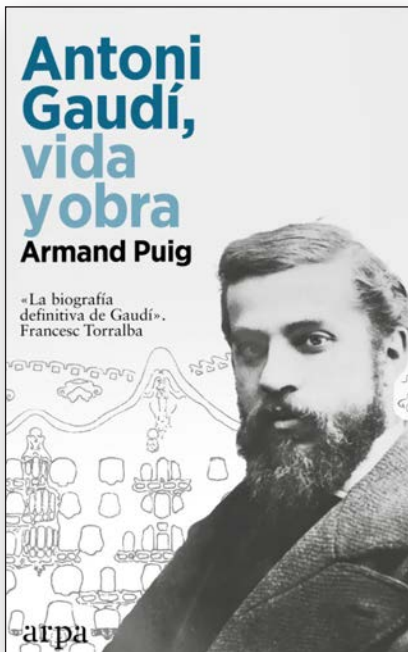
This work demystifies common concepts about diet and health. It's an invitation to consciously care for an inexplicably forgotten organ.

## ARMAND PUIG I TÀRRECH

Armand Puig i Tàrrrech (Catalonia, 1953) is a priest, doctor in Biblical Sciences, and dean-president of the Faculty of Theology of Catalonia and the Antoni Gaudí Faculty (Barcelona). A member of the Studiorum Novi Testamenti Societas, he is the editor of the Scripta Biblica series and also the president of the Corpus Biblicum Catalanicum. He has written numerous articles and books on biblical and spiritual topics. He is a member of the Community of Sant'Egidio.



The most complete and reliable biography of Antoni Gaudí.



### *Antoni Gaudí, Life and Work*

*Spain / 2024 / 420 pages / Biography / Territory: World / Primary publisher: Arpa*

A work that avoids the legends and false stories that have always surrounded his figure. Armand Puig's rigorous research delves into lesser-known aspects of the Catalan architect: his intellectual depth and the spiritual transformation he underwent throughout his life. A universally known and admired figure by the millions of tourists who visit his works each year.

Since 2023, Puig has been the president of the Holy See's Agency for the Evaluation and Promotion of the Quality of Ecclesiastical Universities and Faculties. He is the author of *Jesus: A Biography*, which was successfully received by critics and readers in 2008. He resides between Barcelona and Rome.



## XOSÉ CERMEÑO

Xosé is a sociologist and writer. His professional career has been linked to television as a creator of successful fiction series and gastronomic programs for Galicia's public television. He has also published several culinary books in Galician, fiction works, and children's stories translated into half a dozen languages. Xosé Cermeño currently lives in Vigo, once an important cod fishing port.



After reading this book, we will never see cod the same way again: each dish will be, for us, the continuation of an amazing story, full of adventures, with its heroes and villains.



### *A Cod as a Flag*

*And other amazing stories of the most "influential" fish in history*

*Spain / 2024 / 320 pages / Gastronomie & Cultural History / Territory: World*

*Primary publisher: Rosamerón*

A treasure in the kitchen and a protagonist in history. Cod is the most captured and consumed wild animal, from the Viking navigators to Portuguese sailors, this fish has played a key role in many civilizations. Its influence has shaped history, from the economy to various culinary traditions. Literary and scientific figures have also explored its significance, such as Cervantes, Kipling, or the Enlightenment thinker Buffon.

This engaging work highlights how cod was crucial, providing cheap and easily preserved protein through drying and salting. Its influence on trade, the history of ideas, and gastronomy is also mentioned.

Understanding the history of cod is key to rethinking our relationship with food. This fish, which has sustained entire economies and cultures for centuries, offers valuable lessons on sustainability, commerce, and the importance of resilient food systems.

## LOLA HIGUERAS

Lola was Spain's first female diver and naval archaeologist. An Americanist and professor of Art History, she held the position of technical director at the Naval Museum of Madrid. From a very young age, she combined her great passions: diving, Americanist and naval research, teaching, and traveling. More than ninety books and articles attest to her career in these scientific disciplines, and she has curated important exhibitions to raise public awareness of the value of Spain's naval heritage, as well as the great maritime-scientific expeditions of the Enlightenment.



Lola Higuera highlights the role of women in the conquest from a forgotten perspective. With unique and hard-to-access information, this work brings to light many female figures who have barely been disclosed until now.



### *Awakening from Oblivion*

*The crucial role of Spanish women in the Indies*

*Spain / 2024 / 276 pages / Women's History / Territory: World  
Primary publisher: Rosamerón*

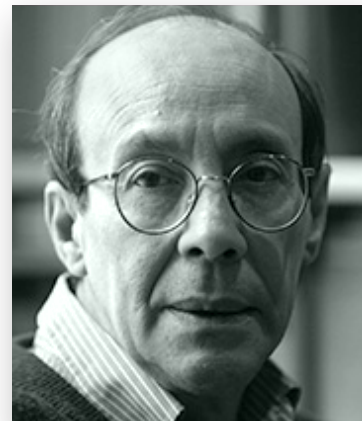
In the 16th century, Spain embarked on an extraordinary oceanic adventure that led to the discovery and conquest of the Indies. Although history has tended to highlight the achievements of men, hundreds of women were also protagonists, playing an essential role in the formation of a mixed society.

In addition to recounting the stories of notable figures such as María de Toledo, Isabel de Barreto, Inés Suárez, and many other anonymous women of great strength who contributed to the birth of a new society, this work focuses on the sea and voyages, as these were crucial to this endeavor. With a fascinating career as an Americanist and naval history expert, Lola Higuera details how each journey was a challenge, with extremely precarious navigation conditions, where storms, diseases, food shortages, and the constant threat of shipwrecks turned each voyage into a continuous struggle.

The illustrations and other documents included in this book attempt to rescue from oblivion the leadership of these women and their crucial role, which gave rise to a new, rich, and diverse identity.

## FRANCISCO RICO

Francisco Rico is a philologist and historian of literature from the Middle Ages to the Golden Age and Emeritus Professor of Medieval Hispanic Literatures at the Universitat Autònoma de Barcelona. He has worked especially on Petrarca and early humanism in Italy and Spain, *Lazarillo de Tormes* and *Don Quixote*. In 2013 he received the Alfonso Reyes Prize at the Colegio de México and in 2015 he was awarded the Gold Medal for Merit in the Fine Arts. In 2016 he was awarded an honorary doctorate by the University of Bologna and received the De Sanctis Prize in Rome for *I venerdi del Petrarca*, an essay dedicated to the Italian poet and humanist.



The most penetrating synthesis of the life and work of Francesco Petrarca. Professor Rico delves into the chiaroscuro that still remain in the biography of the great Italian poet.



### *Petrarca* *Poet, Thinker, Character*

*Spain / 2024 / 180 pages / Biography / Territory: World / Primary publisher: Arpa*

Francesco Petrarca is one of the summits of Western culture. His intellectual legacy, immense in his time, was the origin of what we still understand today as Humanism. But, as well as a great philologist and tireless student of the classics, Petrarca was also passionate about the politics of his time, a devout Catholic in constant reflection on his own and others' virtue, an aspiring Christian philosopher - Plato, Seneca and Saint Augustine were his great teachers - and, how can we forget, a unique poet, whose mark on European literature lasted for centuries and still captivates and conditions us today.

This book traces the vicissitudes and masks of this figure, his intellectual trajectory and the paradoxes of his posterity through four splendid texts by Rico, a member of the Royal Spanish Academy since 1987 and the most distinguished Petrarchist of our time.

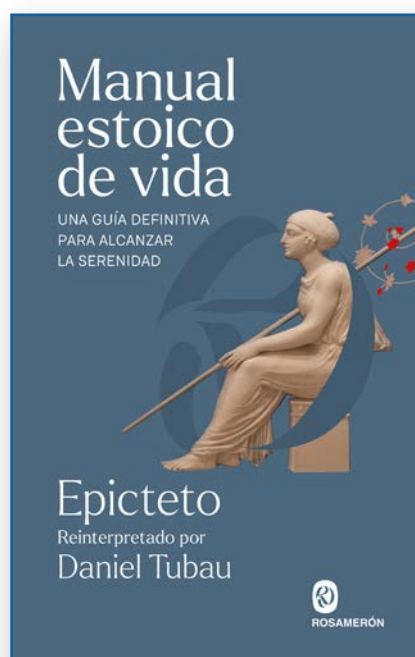


## DANIEL TUBAU

After writing and publishing several short stories, essays, and novels between the ages of 18 and 24, driven by his love for Greek thinkers, he decided to study Philosophy at the Complutense University of Madrid. He is a screenwriter, teacher, writer, and director of television programs and series. Over more than twenty years, he has written numerous scripts of all kinds, including game shows, series, reality shows, talk shows, satirical news programs, and a multitude of sketches. He has taught screenwriting in several countries, a profession he also practices in Spain. He is the author of several essays and books on screenwriting techniques.



In this unique edition, Tubau offers an updated commentary on the teachings of Epictetus, as well as a clear and profound analysis of Stoicism, highlighting both its strengths and weaknesses, and explaining why this practical philosophy continues to fascinate us nearly two thousand years later.



### *Epictetus' Manual*

*The ultimate guide to achieving serenity*

*Spain / 2024 / 288 pages / Philosophie / Territory: World*

*Primary publisher: Rosamerón*

In recent years, we have often heard that Stoicism is a philosophy for both emperors and slaves. The emperor is Marcus Aurelius, of course, and the slave is Epictetus, who became a Stoic teacher and mentor to the former. Epictetus' Manual is the jewel of Stoicism. Its title is eloquent in itself, as it means "what can be held in the hand". Certainly, a practical and accessible guide.

His teachings show us how to achieve tranquility and true freedom through the control of our opinions and desires. Its simplicity and depth have made it an essential reference for those who wish to apply Stoicism in their daily lives, a way that reveals the keys to a balanced and emotion-free life.

## VICTORIA CAMPS

Victoria Camps is a Professor of Moral and Political Philosophy at the Universitat Autònoma of Barcelona. She has been an independent senator for the Socialist Party, advisor to the Audiovisual Council of Catalonia and president of the Spanish Bioethics Committee. At present she is the president of Fundación Víctor Grífols i Lucas. Her publications include *Elogio de la duda*, *Elogio de la felicidad* or *Virtudes públicas*, among others. In 2008 she was awarded with the Menéndez Pelayo International Prize and in 2012 she won the National Essay Prize. She has taught at university for three decades and is currently a member of the State Council of the Government of Spain.



### Praise of Doubt

Spanish/ January 2017 / 180 pages/ Philosophy, Ethics / Territory: world

Primary publisher: Arpa Editores (Spain) / Sold: Portuguese (Edições 70), Italian (Hoepli) and Chinese (Hainan)

More than 16,000  
copies sold in Spain

It was Bertrand Russell who said that philosophy is an exercise of scepticism. Learning to doubt implies distancing oneself from the given and questioning clichés and prejudices, questioning the unquestionable. Not to simply reject it, but to examine it, analyse it, reason about it, and finally decide. Praise of Doubt covers the changes of doubt throughout the history of thought - Plato, Aristotle, Descartes, Spinoza, Hume, Montaigne, Nietzsche, Wittgenstein, Russel, Rawls and a long list of men who doubted will speak to us from its pages - and does so in a way that is reachable to a wide audience, without giving up any of the rigour and depth of those who have taught at university for 30 years.



### The Pursuit of Happiness

Spanish/ January 2019 / 176 pages/ Philosophy, Ethics / Territory: world

Primary publisher: Arpa Editores (Spain) / Sold: Portuguese (Edições 70)

More than 13,000  
copies sold in Spain

Asking about the nature of happiness is equivalent to questioning the meaning of our own existence. Happiness is a search throughout one's life; unhappiness, on the other hand, is the abandonment of the desire to continue living. More than a goal, happiness is a state of mind and philosophers have reflected throughout history on it. The lesson is that happiness is indeed the greatest good, but a good that requires effort, patience, perseverance and time. This book does not contain recipes for achieving fulfillment, but there are plenty of reasons not to cease to the discouragement of an existence that is paradoxical, contingent and limited, but at the same time could be rich and hopeful.

- English sample available: <https://bit.ly/3yfFsue>



### Take care, take care of ourselves

Spanish/ January 2021 / 240 pages/ Philosophy, Ethics / Territory: world

Primary publisher: Arpa Editores (Spain)

"Take care, take care of ourselves", has been the all-pervasive maxim throughout the containment by covid-19, and remains so as long as the threat of contagion continues. For some time, care has been paving the way as an essential provision for the improvement of individual and collective well-being. This value, as its promoter Carol Gilligan said, is as essential as justice, which has remained invisible for centuries because its natural space was that of domestic life where women ruled. Care was always necessary, because want is an aspect of the human condition.

- Chapter Summary available in English: <https://bit.ly/3EbNCIO>



**No accidental Deaths. A decalogue of reasons to kill**

*Spain / 2023 / 386 pages / Criminology / Territory: World / Primary publisher: Rosamerón  
Sold: Russia (Eksmo, forthcoming)*

All murders look similar. Ultimately, they all involve the death of an innocent person. What gives them their uniqueness, their very personal stamp, are the motives that prompt an individual to commit them. And what troubles us is to discover those factors that lead someone to become a ruthless killer. Unraveling the motivations behind criminal acts—which are more than often difficult to explain—is the purpose of this new book by jurist and criminologist Paz Velasco.

Greed, sexual frustration, the desire to sow terror or the longing to battle loneliness are some of the reasons behind murder unraveled in this captivating stories. As a sort of decalogue, the author hereby develops ten non-accidental models of killing, ten truculent tales in which once again Paz Velasco displays her rigor, her analytical skills, and her vast knowledge of the criminal mind. The darkest side of the human being is here masterfully dissected without any concessions.



**The 50 Laws of Power in The Godfather**

*Spain / 2023 / 280 pages / Politics & Strategy / Territory: World / Primary publisher: Arpa*

An addictive read about power in today's society. The next best thing to having Vito Corleone whisper a few life lessons in your ear. A very interesting reading of The Godfather as a treatise on realpolitik in a Machiavellian key, with fifty keys or laws that would serve to explain the contemporary conception of power (how to achieve it, how to maintain it, how to transmit it to the following generations), but a book far from being satisfied with a superficial and utilitarian reading of a mythological universe which the author always treats with the greatest respect.

• English sample available

More than 26,000 copies sold in Spain



**The Power. A Strategist Reads Machiavellis**

*Spain / 2022 / 368 pages / Politics, Strategy / Territory: World / Primary publisher: Rosamerón*

How can we gain power? How can we retain it? Niccolò Machiavelli wrote *The Prince* with the rulers of his time in mind but, as Colonel Baños reveals, Machiavelli's ideas are applicable to what we now talk of as "leadership", whether in the political or military sphere, in business or at the level of social leadership. But are Machiavelli's ideas still valid today? The dialogue that Pedro Baños holds with Machiavelli across the centuries reveals that, while power and leadership may have modified their outward appearances, their essence remains unchanged. And, while today's leaders must adapt to a complex world of social networks and algorithms, they should not forget the insights (and the mistakes) of the most prestigious influencer of all time: Niccolò

Machiavelli. This book expands and updates the teachings of Machiavelli, modifying them in the light of geostrategic reality, a subject on which Pedro Baños is an expert.



## ESSAY & MISCELLANEOUS (SELECTED BACKLIST)



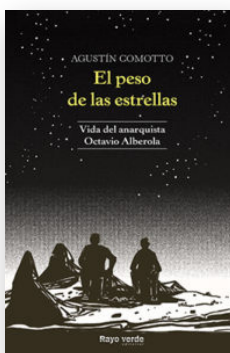
### Women and Political Thought

Spain / 2023 / from 128 to 144 pages / Essay / Territory: World / Primary publisher: Altamarea  
Language: Italian / Sold: Italian (Carocci)

Following a series of conferences organized by the Salvemini Institute of Turin on Women and Political Thought, given by professors from various Italian universities, the Altamarea publishing house commissioned the authors of the conferences to create these twelve books in Italian.

**This collection consisting in 12 studies** dedicated to female thinkers and theorists of politics, that provides an overview of the contribution of women to theoretical and conceptual development and the definition of the main themes of political thought. This work brings together, although not always conceived, the history of feminist thought, the gender perspective and the emancipation of women, and allows us to form a newfangled, perhaps only unknown, approach to the establishment of "political modernity" which — under the gaze of these thinkers—, it is even more conditioned by a myriad of dead ends.

- *Madame de Staël*, by Giuseppe Sciarra
- *Flora Tristan*, by Cristina Cassina
- *Hannah Arendt*, by Rita Corsi
- *Rosa Luxemburg*, by Federico Trocini
- *Nancy Fraser*, by Anna Cavaliere
- *Simone Weil*, by Michela Nacci
- *Judith Butler*, by Maria Giulia Bernardini
- *Maria Zambrano*, by Miguel Saralegui
- *Angela Davis*, by Raffaella Baritono
- *Virginia Woolf*, by Carlotta Cossutta
- *Mary Wollstonecraft*, by Serena Vantin
- *Harriet Taylor*, by Maria Laura Lanzillo



### The Weight of the Stars. A life of the Anarchist Octavio Alberola

Spanish / 2019 / 370 pages / Essay / Territory: World / Sold: Eng (AK Press) & French (Syllepse)

Octavio Alberola has spent eighty years thinking, living and reshaping his life from an anarchist perspective, questioning each and every one of his actions. He belongs to a generation of fighters who played a leading role in the events of the 20th century. In this book, Comotto covers the anarchist experience in the 20th century, focusing on episodes in which Octavio was a witness and a protagonist, ranging from the splits within the CNT to his participation in various attempts to assassinate Franco.

- English full translation and Spanish pdf available on request



### Women who Fuck

Spain / 2023 / 338 pages / Interviews about Sex & Feminism / Territory: World  
Primary publisher: Libros del KO

Sex is never just sex. To talk about sex is to talk about emotional education, social class, the pressure to have a beautiful body, the myth of romantic love, toxic relationships, feminism and patriarchy. Sex accompanies us all from birth to death, but not all of us experience it in the same way.

Salomé has a degree, a doctorate and speaks four languages, but she has never experienced an orgasm. Veronica, on the other hand, has lost count of the ones she has enjoyed; for this single woman there is only one rule: not to repeat twice with the same guy. These are some of the protagonists of *Women who Fuck*, a book of testimonies in which women who have already turned forty narrate in first person, and without holding back, their sexual preferences and fantasies, but also their fears, their traumas, their insecurities and desires.



## How to make a living from Architecture

Spain / 2023 / 512 pages / Architecture / Territory: World / Primary publisher: Arpa  
Sold : Brazil (Editora Perspectiva)

A guide to making a free, stable and prosperous living from architecture, written by the founder of Líderes para la Arquitectura, the largest Spanish-speaking architecture and business strategy community. What it means to be an architect today? How the architecture market works? How to design an authentic value proposition?. How to lead sales, money and business? How to contribute to the future of society with your work? Architecture is a profession that is often precarious and in the midst of transformation. This book offers all the tools professionals in the sector need and are looking for in order to adapt and perpetuate its value in the future of society.



## The Century of Videogames

Spain / 2023 / 224 pages / Essay / Territory: World / Primary publisher: Arpa

An insightful and compelling essay that brings gamers and analogs alike closer to the cultural medium that has the greatest economic and social impact in the world: videogames. A must if you want to know where the current cultural trends are heading. The authors, journalists specializing in the digital world, establish a double dialogue. On the one hand, with the new generations, to affirm and evaluate the artistic potential of videogames; on the other, with the generations disconnected from the interactive medium, to reveal their creative potential and the way in which it is changing their lives. The future will look like a videogame, and it is better to have the keys to win the game.

• English sample available



## History of Numbers

Spain / 2022 / 272 pages / Pop Science / Territory: World / Primary publisher: Arpa

We are often unaware of the extent to which our lives revolve around numbers. We may have forgotten grammatical rules or chemical formulas, but we will never forget numbers. This book shows us, in a concise way, how numbers were born and grew to become part of our lives, and how they had to solve great problems, not only of a mathematical nature, but also in different fields, such as religion or philosophy. Gracián brings into play his extensive experience as a teacher to show us the more than 3,000 years of history surrounding numbers. A stimulating journey that begins with the appearance of prime numbers and takes us to the limits of infinity, the largest number of all and the only one that makes mathematics and philosophy find a common place.

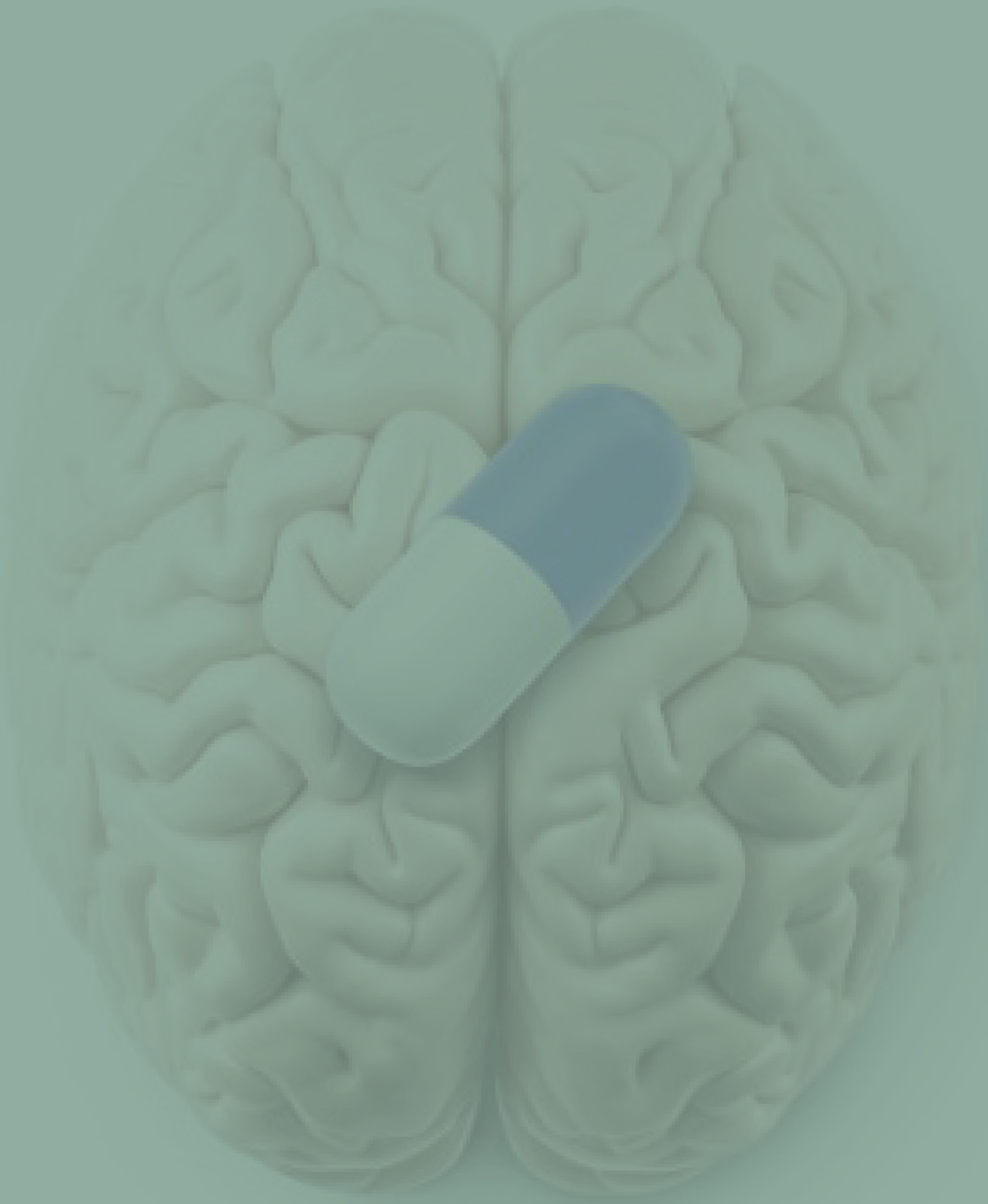


## Building the World

Spain / 2020 / 376 pages / Pop Science / Territory: World / Primary publisher: Arpa  
Sold: Russia (Portal), China (Dook Media Group)

A great book of pop science, suitable for readers of almost all ages, for teachers and students. We have developed a deep understanding of the world around us while at the same time we have become increasingly ignorant of our own inner nature. Gracián analyses these questions from the concept of construction, which is treated as a game with well-defined rules in which the way of joining the pieces and the final objective are involved. The author manages to turn the reader into the companion of a journey that starts with the elementary particles, continues with the elements of the periodic table, the planets, the stars and the galaxies, and ends in our inner world.

• English sample available on request

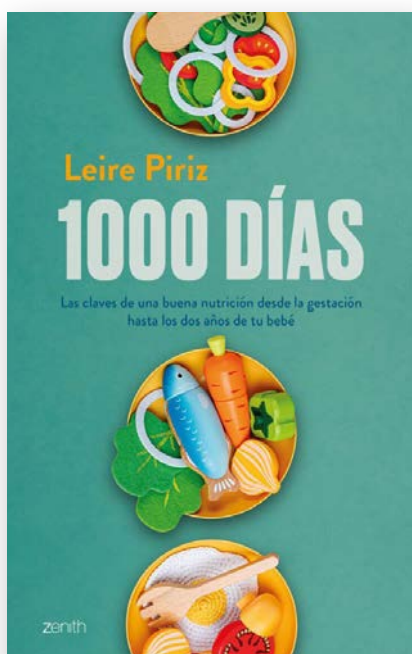


## LEIRE PIRIZ

She is a nutritional coach, holistic dietitian and naturopath specialising in oriental, living, emotional and conscious nutrition. She specialises in paediatric nutrition, fertility, pregnancy and breastfeeding. She has two daughters and is dedicated to helping couples who wish to start a family, pregnant women and mothers and fathers who are concerned about their children's nutrition. She also contributes to the media, participates in lectures and provides training for families and educators on healthy eating and other natural therapies. She has private dietetic and Chinese medicine consultations in the Valencian Community and also works online. She has published with Planeta Zumotherapy para las 4 estaciones (2015) and Green Smoothies (2016).



The nutritional keys that will help you take care of your baby (and yourself!) from the beginning of pregnancy until the first two years of life.



### 1,000 Days

*The keys to good nutrition from gestation to your baby's second birthday*

*Spain / 2024 / 240 pages / Parenting / Territory: World*

*Primary publisher: Planeta (Zenith)*

The 1,000 days between the start of pregnancy and the first two years of a baby's life are the biggest window of opportunity to ensure its future health. That is why it is key to promote healthy behaviours to take care of your baby (and ourselves) during this important stage.

In this book, nutritional coach and dietician Leire Piriz helps us to create healthy habits from an early age that will help prevent long-term health problems, always based on scientific evidence and common sense. From an integrative perspective, she addresses the impact of food and habits during pregnancy, as well as the type of childbirth and breastfeeding and the introduction of complementary feeding. In addition, she

demystifies limiting beliefs about food, giving the value it deserves to the lifestyle already in the mother's womb and breaking down walls and errors that she perceives not only as a health professional, but also as a mother.



### Juice Therapy for the Four Seasons

*Spain / 2016 / 228 pages / Health & Practical / Duetone illustrated*

*Territory: World / Primary publisher: Planeta*

*Sold: Portugal (Materia Prima Edições)*

More than 275 juice recipes to make at home and to enjoy beneficial, healthy and natural nourishment. This book is an approach to the universe of juice therapy and offers us simple and natural ideas to improve our health and quality of life.

More than 10,000  
copies sold in Spain



## JORDI NOMEN

Jordi (1965) has been teaching philosophy and social sciences for more than thirty years at the Sadako school in Barcelona, recognised as one of the most innovative educational centres in Spain. He holds a degree in Contemporary History from the University of Barcelona and a postgraduate degree in Active Citizenship and a master's degree in Philosophy. He has been awarded the EDU21 and Arnau de Vilanova prizes for his pedagogical work. He is a member of GrupIREF, which leads the implementation of Philosophy for Children in Catalonia. He is the author of the bestseller *El niño filósofo*, which has established him as a reference in the field of philosophy for children, and has been translated into six languages.



What do adolescents think about? What is their inner world like? What do family, friends and school mean to them? What role do emotions play in their development? How can we accompany them?



### *How to Talk to a Teenager and Get Them to Listen to You*

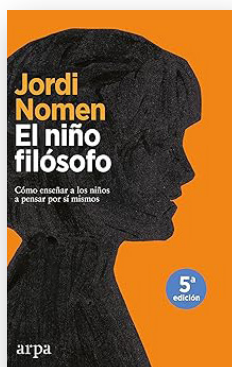
*Spain / 2024 / 224 pages / Parenting / Territory: World / Primary publisher: Arpa*

As a philosophy teacher, Jordi Nomen has spent thousands of hours talking to the most introverted people on the planet: teenagers who tell him everything they keep quiet about at home. He has learned about their fears and insecurities, their worries and their habits, their strengths and their weaknesses.

Divided into three parts, this illuminating book describes how young people perceive the world, what challenges they face and how we can help them. Nomen introduces the voice of adolescents with their own reflections and talks about essential issues for parents and educators, such as the construction of personality, life changes, friends, real and digital identity, love and sexuality, presentism, emotions, siblings... He also offers practical advice on how to detect possible serious problems, as well as specific guidelines for dealing with them: depression,

pornography, drugs and school failure.

More than 10,000  
copies sold in Spain



### *The Philosopher Child*

*Spain / 2018 / 208 pages / Education / Territory: World / Primary publisher: Arpa*

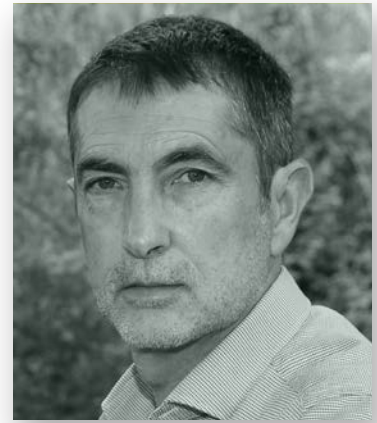
*Sold: Chinese (Beijing United), Italian (Salani), French (Desclée de Brouwer), Persian (Ibrahim)*

Children are great little philosophers with an extraordinary capacity for wonder and an almost limitless curiosity, two philosophical qualities par excellence. The fundamental proposal of *The Philosopher Child* consists in asking families and educators some of the great questions that the history of Western philosophy has bequeathed to us, allowing children to discover their philosophical condition and placing it at the service of personal and social development that will turn them into active and committed citizens. The second part of the book is a brief pedagogical and practical exploration based on eleven questions, the legacy of eleven philosophers of the Western tradition,

which allow the introduction of criticism, creativity, play and dialogue in the education of children.

## CARLOS GOÑI ZUBIETA

Carlos holds a PhD in Philosophy from the University of Barcelona. He combines teaching with intense literary creation. His work covers diverse subjects such as philosophy, ancient history, mythology and education, and different genres: essays, popular science, novels and self-help. He has been awarded the Arnau de Vilanova Philosophy Prize (2005) and the Becerro de Bengoa Essay Prize (2010).



The banality of contemporary self-help has turned the Socratic motto “know thyself” into a simple and empty message to “be yourself”, which instead of inviting us to go deeper, frees us from all responsibility and invites us to simply be what we are, to not worry about anything.



### *Mythotherapy* *The healing power of myths*

*Spain / 2024 / 272 pages / Self-help / Territory: World / Primary publisher: Arpa*

We know that life is not easy, that there are realities that we cannot change, but others we can. Myths provide us with the wisdom we need to identify them and face them. It is a matter of tuning our ears and listening to what they reveal to us. That is why the philosopher Carlos Goñi recovers fifty-five great myths and tells them to us, so that we learn to listen to what Apollo tells us about self-knowledge, Athena about intimacy, Hera about pleasure, Narcissus about appearances, Antigone about conscience, Achilles about selfishness...

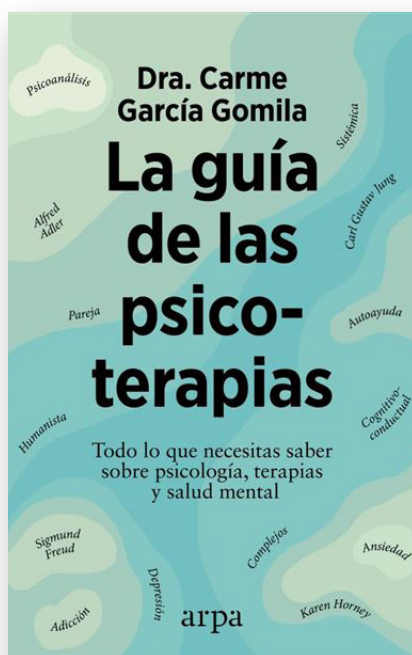
Myths present models to follow or to avoid, lives squeezed to the limit, heroic deeds and ruins, divine and diabolical. These traditions have an extraordinary healing power that you will discover in these pages.

## DR. CARME GARCÍA GOMILA

Dr. García Gomila is a graduate in Medicine and Surgery from the University of Barcelona, psychotherapist and psychoanalyst SEP-IPA, which is part of the International Psychoanalytical Association, created by Freud. Specialized in psychosomatic illnesses, her innate curiosity for human relationships and interest in alternative medicines led her to explore different mental health techniques: relational psychomotor therapy, Reichian therapy, bioenergetic and systemic therapy. For the last ten years she has been co-director and editor of the journal *Temas de Psicoanálisis*, one of the most prestigious specialized publications in the Spanish-speaking world.



What do we mean when we talk about psychotherapy?  
How can different forms of psychotherapy help us overcome emotional and mental challenges? What tools do mental health professionals use to improve the lives of their patients?



### *The Guide to Psychotherapies*

*Everything you need to know about psychology, therapies and mental health*

*Spain / 2024 / 280 pages / Psychology & Health / Territory: World  
Primary publisher: Arpa*

A journey through the main therapeutic modalities, from cognitive-behavioral therapy to psychoanalysis, including humanistic and systemic approaches, their fundamental principles, the most commonly used techniques and the expected results of each type of therapy. Carme García Gomila, a renowned psychotherapist with more than thirty years of clinical experience, guides us on a fascinating journey through the history of psychotherapy, from Freud to the present day, describing the contributions of key figures such as Jung, Reich, Adler, Watzlawick and Ellis. She also explores the influence of these pioneers on 20th century culture and the most recent scientific advances.

*The Guide to Psychotherapies* is much more than a manual; it is an invitation to discover the many ways in which psychotherapy can transform lives. With her entertaining and accessible style, García Gomila manages to make complex topics understandable and applicable in everyday life, making this book an essential and unique reference for those seeking to better understand the field of psychotherapies and find the path to a fuller and more balanced life.

## DR. ALICIA ÁLVAREZ

Dr. Álvarez is a clinical psychologist. She is a professor of Psychology at UOC, director of research at the Barcelona Crisis Center, a psychologist with the National Network of Psychologists for Terrorism Victims Support, and an advisor at the Barcelona City Council.



A practical and accessible book on traumas, their origins, consequences and types, therapeutic treatments, the importance of the environment, how to face the future, and much more.



### *How Much Does Your Backpack Weigh? How the traumas of our past shape our present*

*Spain / 2024 / 240 pages / Psychology & Health / Territory: World  
Primary publisher: Arpa*

This book aims to demystify some of the beliefs or ideas surrounding what everyone calls trauma. **Trauma** is a word used interchangeably to describe something terrible as well as to trivialize some everyday events. However, many people accumulate traumas in their “backpack” without even realizing it. But do we really understand what trauma is? Why does it sound like something so terrible, so grave, or so significant that we sometimes prefer not to name it?

The information contained in this book is based on the scientific evidence available to us about traumatic experiences. Trauma has been widely discussed, but the examples usually refer to extreme events that are far removed from our everyday realities. But trauma is not only that. When a situation is too overwhelming for us to manage and integrate with the resources we have, we are likely to develop trauma. Inability to integrate what has been experienced will affect our daily lives; the traumatic event may remain buried and impact us in the long term, or even resurface after some time.

The author also dedicates a section to discussing “traumatized” societies and countries.

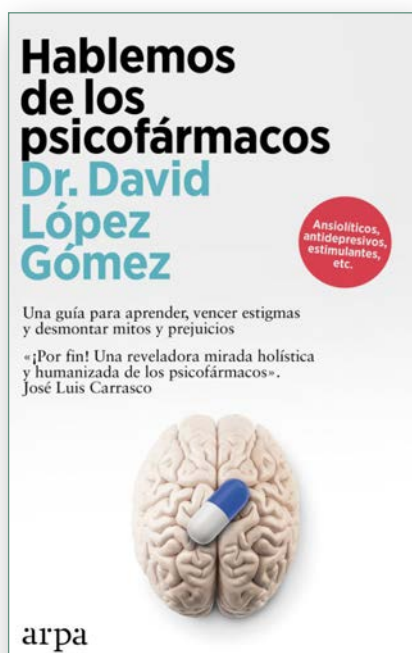


## DR. DAVID LÓPEZ GÓMEZ

Dr. López is the founder and director of menteAmente (mind to mind), a private psychiatry and clinical psychology center in Madrid, where he treats his patients and works alongside a great team of professionals. He studied Medicine at the Complutense University of Madrid and trained as a psychiatrist at the prestigious La Paz Hospital. Through his clinical experience, postgraduate training, and interest in study, he has specialized in integrating psychotherapeutic and psychopharmacological approaches. On his blog at [www.menteamente.com](http://www.menteamente.com), he shares his knowledge with several thousand daily readers, promoting a better understanding of mental health, helping to identify major disorders, and explaining the various treatments available.



Who hasn't taken a psychotropic drug at some point?  
And who doesn't hold some prejudice about them, about the people who take them, or about the doctors who prescribe them, the psychiatrists?



### Let's Talk About Psychotropic Drugs A guide for learning and debunking myths and prejudices

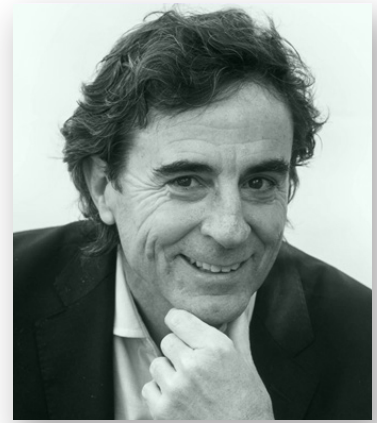
Spain / 2024 / 288 pages / Psychiatry / Territory: World / Primary publisher: Arpa

Mental illness is not a result of poor decisions or a weak personality. Willpower, changes in habits, and the “you can do it” messages used to improve emotional well-being are not enough to treat an illness. Available treatments include psychotherapy and medication, which complement each other well, as Dr. David López states in this informative guide on psychiatric medication.

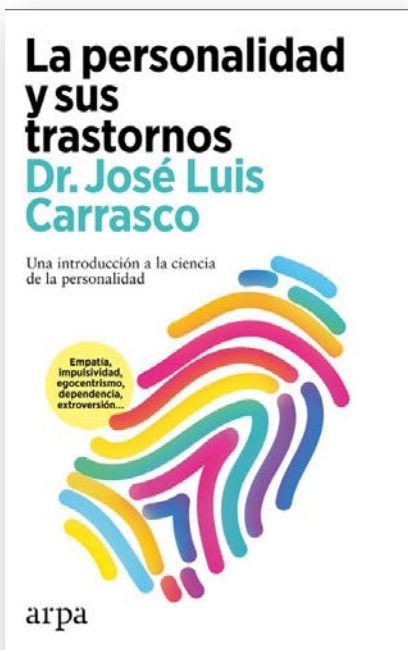
When is it indicated? How long should it be taken? What precautions should be adopted, and why is it so important in the treatment of mental illness? With rigor and an informative style, the author, with extensive experience as a psychiatrist and psychotherapist, clears up all doubts about the main groups of psychotropic drugs: anxiolytics, antidepressants, stimulants, antipsychotics, and mood regulators. Additionally, he provides guidance on psychotherapeutic alternatives.

## DR. JOSÉ LUIS CARRASCO

In addition to being a psychiatrist, José Luis holds a degree in Psychobiological Research from Columbia University in New York and has taught at several Spanish universities. He is currently Professor of Psychiatry at the Complutense University of Madrid, where he teaches the Master's Degree in Personality Disorders. He is the creator and director of the Personality Disorders Unit of a major hospital in Madrid, a subject on which he has written numerous scientific articles and given dozens of lectures in academic and social forums.



An extraordinary tool for understanding and managing the personality traits and disorders of any individual (including oneself).



### *Personality and its Disorders*

*Spain / 2024 / 224 pages / Psychiatry / Territory: World / Primary publisher: Arpa*

Personality is what makes us human. Animals have verve, docility, fierceness, but no personality. Humans have a whole that characterises us and that becomes our face in front of others, with which we like or with which we frighten. We need to know the personality of those around us, because sometimes we are not clear about what we see. Sometimes we even feel attracted to someone even though we don't like what we see. And often we look at ourselves and do not recognise ourselves.

Personality is the tendency to be one way, but it is not who we are. We cannot turn it into a label to classify or to choose people. All personalities grow and mature, except for the so-called personality disorders, which are rigid and immutable and can only be changed with good treatment. This book can be extremely useful in dealing with the personalities of those around us. And with our own too.

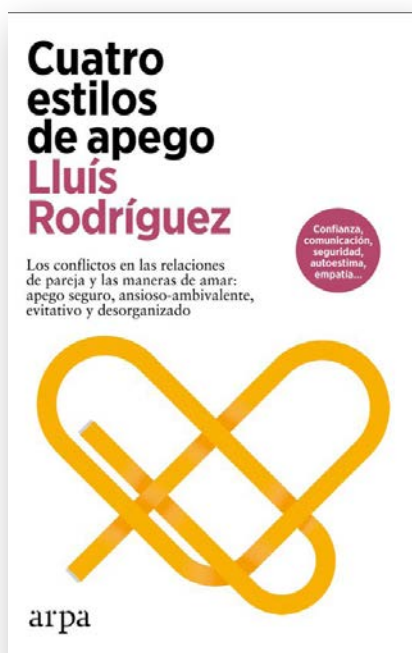
Dr. José Luis Carrasco introduces us to the world of personality, its modalities and disorders, in simple language but with scientific rigour. A web of traits and psychological connections that are worth knowing in order to better understand others, both to love them and to be able to distance ourselves from them. And more importantly, to better understand ourselves.

## LLUÍS RODRÍGUEZ

Lluís Rodríguez is a psychologist, coach, psychotherapist and one of the leading experts in Spain on attachment theory. He has a degree in Psychology from the UNED, is an NLP trainer certified by the NLP Academy and a specialist in the Enneagram. He has been a couples therapist for more than twenty years and applies his own methodology based on attachment theory, which he also disseminates on his YouTube channel.



A practical guide to the theory of attachment styles: secure, anxious-ambivalent, avoidant and disorganised. The current that swept the world in the 1970s and has now become a cornerstone of therapy and psychology.



### Four Styles of Attachment

*Spain / 2024 / 256 pages / Psychology / Territory: World / Primary publisher: Arpa*

In childhood we learn to love depending on the bond we create with our caregivers, developing an attachment style that is activated the moment we have a romantic partner.

There are ways of loving that are more conscious and others less so, but it is those behaviours that we repeat frequently that define our primary attachment style. Wounds of rejection, abandonment, humiliation, betrayal or injustice in childhood, form a character that, if not worked on at a psychological level, generate suffering and emotional dependence. This book demonstrates the importance of the theory of adult attachment, currently reinforced thanks to advances in neuroscience, which offers us the possibility of achieving healthy relationships, distinguishing the elements that make communication with our partner impossible and overcoming the obstacles that prevent us from receiving and offering affection.

Lluís Rodríguez offers us his experience of more than twenty years as a psychotherapist specialised in couples with this guide full of tools to advance towards a new culture of love, more honest, secure and rewarding.

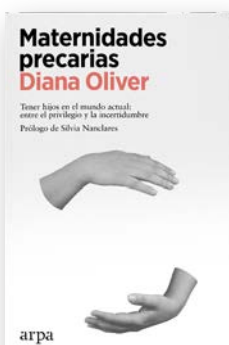


## Menopause

*Spain / 2023 / 240 pages / Health / Territory: World / Primary publisher: Arpa  
Sold: Spanish US (Harper Collins US)*

A comprehensive guide to live your menopause to the fullest from a critical and feminist point of view. This book provides vital information about the menopause in a simple, direct and precise manner. Four health professionals share their knowledge and clinical experience, offering practical advice and revealing reflections, encouraging you to embrace the experience of maturity, enjoy it fully and redefine it. Shines a beam of light on what has been sold to women as a period of darkness. When you finish this book, you will feel that you can deal with all those beliefs that are holding you back.

• English sample available on request



## Precarious Maternity

*Spanish / 2022 / 208 pages / Childhood & Feminism / Territory: world / Primary publisher: Arpa  
Sold: China*

A brilliant, lucid and explosive book about the reality of motherhood in today's society. The reality of motherhood in today's society. An extraordinary literary debut. Precariousness, tiredness, desire, freedom, loneliness, conciliation, material conditions of life, mental health... Diana Oliver analyzes the contradictions and difficulties that weave the difficulties that weave the experience of being a mother in a society that despises care.

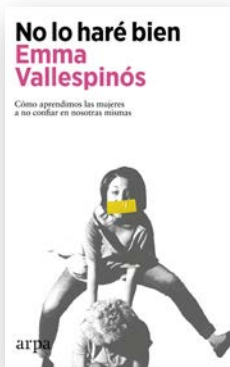


## Imperfect and Happy Couples

*Spanish / 2022 / 272 pages / Sexuality / Territory: world / Primary publisher: Arpa*

A guide to find a partner, take better care of an existing partner or simply end a relationship in a civilized way. Sex, infidelity, romantic love, communication in the couple, couple models, toxic relationships... The book deals with everything that a psychologist specialized in sexuality and couple relationships would deal with in their first work sessions. A theoretical and practical guide that presents real cases, proposes tools and exercises, and provides guidance on how to start, maintain or end a relationship avoiding emotional trauma.





## *I'm Not up to It*

*Spain / 2023 / 256 pages / Feminism & Self-help / Territory: World / Primary publisher: Arpa*

This book is about those capable, highly educated and talented women who, if they could choose a superpower, would choose invisibility. They are their own worst enemies. They doubt their knowledge, they are convinced that anyone can do it better, they imagine hell as a place where you have to speak in front of a large audience. Are you one of them? If every time someone talks to you about the impostor syndrome you feel seen, if you think you have a defect, this is your book.

• **English sample available:** <https://shorturl.at/bpO89>



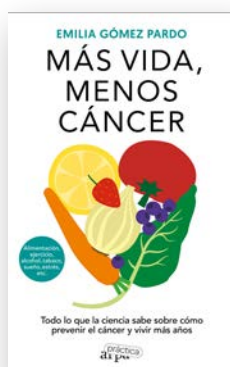
## *Self-Care*

*Spain / 2023 / 208 pages / Self-care & Practical / Territory: World / Primary publisher: Arpa*

The secret lies in opening up to self-care. Learning to take care of oneself in order to optimize our nature and face whatever comes our way with serenity and energy. With awareness of each step, so that life does not become a set of problems to be solved and we pass by without enjoying it. In this book you will discover that you can do it through your self-care habits. You will become aware of the enormous power they have, as they are what enable or inhibit our ability to realize our goals and achieve our potential. These small habits are what will guide you to a fuller, more balanced and healthier life. If you are determined to consciously contribute to your own personal health and well-being, this book will give you the guidelines to do so and you will start

seeing results in just a few weeks.

• **English sample available here**



## *More Life, Less Cancer*

*Spain / 2023 / 256 pages / Health & Science / Territory: World / Primary publisher: Arpa*

Everything science knows about preventing cancer and living longer. In this book, Emilia Gómez Pardo, PhD in Molecular Biology, helps us to become aware of how to improve our habits in order to achieve a long and healthy life. Drawing on cutting-edge scientific advances in cancer research, Gómez Pardo sets out in black and white the risks involved in the wrong actions and offers us simple solutions, far removed from the wave of fads and false beliefs to which we are exposed today. In the information age, we lacked an evidence-based book to inspire prevention of diseases such as cancer.



OH! BOOKS LITERARY AGENCY

LUIS ANTÚNEZ 6, SECOND FLOOR

08006 BARCELONA (SPAIN)

JUANJO BOYA

[juanjoboya@ohbooks.es](mailto:juanjoboya@ohbooks.es)

(34) 656 392 482

OH!BOOKS\_LITERARY AGENCY

LITERARY NON-FICTION & ESSAY / FALL 2024